

### A Warm Welcome

Hi, I'm Suzanne Tracey the Chief Executive Officer of Royal Devon University Healthcare NHS Foundation.

Thank you for the interest that you have shown in working with us, at what is an unprecedented time for healthcare across the UK.

Our Trust is a special place to work. We foster creativity, innovation and a personal approach to high quality patient care.

We are proud of our Oral and Maxillofacial Surgery department and are committed to the further development of this successful and cohesive team and recognise the importance of bringing the very best clinicians to Devon.

Good luck with your application and I look forward to meeting you soon.

**Suzanne Tracey** 

We welcome enquiries for further information and strongly encourage informal visits either in person or virtually so that you can get a feel for what it's like to work with us. A list of contacts is detailed in the final section of this pack.

#### **JOB TITLE**

Oral and Maxillofacial Surgery

#### **BASE**

The Royal Devon University Healthcare NHS Foundation Trust (Eastern)

#### **DATE OF VACANCY**

**Immediate** 



COVER IMAGE: Exmouth 25 minutes drive from Exeter

# **Application and Advisory Appointments Committee**

Applicants must have completed specialist training in Oral and Maxillofacial Surgery prior to taking up the appointment. The expected date of the award of the Certificate of Completion of Training should be no later than six months after the date of AAC interview for this post.

The applicant should also be entered on, or within six months of entry to, the GMC Specialist Register at the time of acceptance of an offer of employment.

Applications are though the NHS Jobs online service at **www.jobs.nhs.net**. This will take you to the Career Gateway. Please apply using the online application form at this site.

In the interests of equal opportunities, applications or supplementary information submitted by CV will not be accepted. A minimum of three recent references are required, including a satisfactory reference from your current employer or the responsible officer at your current designated body.

We are committed to flexible working arrangements, including job sharing.

# Why choose the Royal Devon?

#### Research and innovation

We recognise that research active departments deliver better clinical outcomes for patients and as such we invest continuously in a large programme of profession led and commercial research studies, many of which are internationally recognised and award winning. We have a multi-million pound research facility, dedicated research staff and collaborative links with researchers from across the University. Funded time for the development of research proposals is available for interested consultants.

#### Service development

The Royal Devon is a newly formed Trust supporting a population of more than 615,000 across more than 2,000 square miles of North, East and West Devon. The scale of operation brings opportunities to establish and develop innovative new services to better meet the needs of our patients.

#### **Teaching**

The Royal Devon is a university trust that enjoys close ties with the University of Exeter Medical School. We offer funded time for teaching of medical students and junior doctors. We are planning a regular programme of evening educational meetings to bring teams from both sites together. These meetings will also provide opportunities for your own CPD.

#### Career progression

The size and structure of our Eastern team creates a strong framework for progression, whilst the flatter structure within our Northern service means rapid progression to areas of increased responsibility.

#### Investment

The Royal Devon has received significant capital investment over the past 12 months which has allowed the implementation of a single electronic patient record (EPR) across the Trust. This investment has allowed expansion of the specialist nursing teams and improvements to the infrastructure at both base hospitals.

#### Location and relocation

We are fortunate to be based in the beautiful South West of England and you can choose between the hustle and bustle of the city of Exeter, the rolling moors of Exmoor or the stunning beaches of North Devon. Schools, further education colleges and the University of Exeter are good or outstanding, crime rates are low, and transport links and infrastructure investment are also excellent. We can offer you temporary accommodation to support a visit and a relocation package should you choose to come to Devon. A more comprehensive explanation of all of these elements can be found within this job pack, but if you have any questions then please do get in touch or arrange a visit to come and see us.

# About Royal Devon University Healthcare NHS Foundation Trust

We are a newly formed NHS Foundation Trust with a vast geographical footprint, serving a population of over 615,000 people and covering more than 2000 square miles across Devon.

This makes us one of the largest providers of integrated health care in the UK, and the biggest employer in Devon with a workforce of over 15,000 staff.

Our services include two acute hospitals, 17 community hospitals, outpatient clinics, and community teams who care for people within their own homes. We also provide primary care and a range of specialist services, stretching from coastline to coastline, extending our reach throughout the South West Peninsula as far as Cornwall and the Isles of Scilly.

Established in April 2022, the Royal Devon brings together the expertise of Northern Devon Healthcare NHS Trust and the Royal Devon and Exeter NHS Foundation Trust, embracing change and innovation to develop new medical models, new ways of working, ground-breaking research and huge levels of investment into new infrastructure, equipment and facilities. There has never been a better time to join us.

The Royal Devon is committed to supporting the personal and professional development of our consultant staff and in turn to improve the care offered to our patients. This might include developing or introducing innovative services and bringing these to rural patients, teaching the doctors of tomorrow or undertaking award winning clinical research.

You'll find more information about the role and the Trust in this pack. Further information is also available on our website

www.royaldevon.nhs.uk



## 1. Introduction

The OMFS team at the Royal Devon NHS Foundation Trust is looking for a Consultant Oral and Maxillofacial Surgeon to join their team.

This is a new post and is suitable for an Oral and Maxillofacial Surgeon with a subspecialty interest Facial Deformity & Orthognathic Surgery and with a passion to develop the Surgical Dermatology aspect of the service.

The post has arisen from the growth of the department and the appointee will join a department of three other full-time consultants and a large middle grade and junior team.

The Royal Devon University Healthcare NHS Foundation Trust (Royal Devon) now includes the Royal Devon and Exeter Hospital and the North Devon District Hospital.

The Combined Maxillofacial Unit for North and East Devon is covered by the existing three Consultants who are primarily based in Exeter, serving a population of 500,000.

The weekday non-residential on call cover for the RD&E only will be on a 1:4 basis. The weekend consultant on call cover is shared between the Royal Devon and Musgrove Park Hospital in Taunton, on a 1:7 basis. There is a full 1st and middle grade 2nd on call with prospective cover based in Exeter. Out of hours referrals are received from Barnstaple, Taunton and Yeovil dependent upon the base of the on call consultant for that weekend.

The post is based at the Wonford site of the Royal Devon and Exeter Hospital, where inpatient and outpatient accommodation is situated.

#### 2. HOSPITALS AND SERVICES

The Royal Devon serves the mixed urban and rural population of Exeter, east and mid Devon. In addition, patients access specialist services from a wider region including the rest of Devon, Somerset and Cornwall.

The Trust is governed by a unitary board comprising a Chairman, Chief Executive and both Executive and Non-Executive Directors. The Executive Directors manage the day to day operational and financial performance of the Trust. These consist of the Chief Executive Officer, a Director of Transformation and Organisational Development, a Medical Director, a Director of Finance and Business Development and a Chief Nurse / Executive Director of Delivery.

The Non-Executive directors do not have responsibility for the day to day management of the Trust but share the Board's corporate responsibility for ensuring that the Trust is run efficiently, economically and effectively.

All permanent medical staff are members of the Medical Staff Committee which has an elected Chairman who represents the group at the Trust Management Committee.

Clinical services are managed in three divisions led by a Divisional Director, Associate Medical Director and an Assistant Director of Nursing/ Associate Director of Midwifery and Patient Care.

For a full description of the main hospitals and services of the Trust see the Trust website: https://royaldevon.nhs.uk

# 3. THE WORK OF THE DEPARTMENT AND DIRECTORATE

The department of Oral and Maxillofacial Surgery (OMFS) is part of the Specialist Surgery Directorate and is based in the Royal Devon and Exeter Hospital in Exeter. This site hosts our inpatients. Otter Ward has 26 beds and is shared with ENT and Plastic Surgery. There is a general paediatric ward with attached HDU.

We provide a comprehensive range of Oral & Maxillofacial treatment with the exception of Craniofacial Surgery and Cleft Lip and Palate Surgery.

The Royal Devon Head and Neck Unit is a designated cancer centre supporting North, East and South Devon and Somerset. There is a weekly, networked multi-disciplinary Head and Neck clinic, attended by representatives from Oral & Maxillofacial Surgery, Ear Nose and Throat Surgery, Plastic and Reconstructive Surgery, Clinical Oncology, Restorative Dentistry and Allied Professions (Clinical Nurse Specialist, Speech and Language Therapy, Dietetics).

An integrated team delivers the Oral and Maxillofacial services at the Royal Devon on the Wonford, Heavitree and Barnstaple sites. Community hospital sessions are also carried out in Tiverton and Axminster. Referral into the service comes via General Dental and Medical Practitioners usually via the DRSS Referral Management Centre. There are good relationships with the Department of Orthodontics with weekly Joint Orthognathic Clinics held at Wonford.

#### **Facilities**

#### Royal Devon and Exeter Hospital

Theatres; There are ten general and specialist operating theatres, in addition to 5 orthopaedic theatres, 3 theatres in the Centre for Women's Health and 2 ophthalmic theatres. Three day case theatres are located on the Heavitree site (half a mile distant)

Ward; Otter Ward (26 beds) is the OMFS surgical ward, and is staffed by nurses who have particular experience in the management of OMFS patients. This includes 4 isolated side rooms. Surgical and nursing staff have excellent working relationships with good staff retention.

The OMFS department enjoys its own dedicated four surgery outpatient clinic on the Wonford site.

The OMFS department has full office support and administration back up along with a fully equipped Maxillofacial Laboratory on the Wonford site.

Service development has relocated the Orthodontic Department, the Orthodontic Laboratory and the Oral & Maxillofacial Surgery IV sedation services to the Heavitree site in a redesigned facility previously used by the Peninsula Dental School. The General Oral & Maxillofacial Service, Combined Orthognathic Service and Head & Neck Cancer service remain at the Wonford site.

Complex Restorative Dentistry and prosthetic rehabilitation for Head and Neck Oncology patients is presently provided by the service at Musgrove Park Hospital in an outreach clinic in Exeter. There is an aim to develop this core service at the Royal Devon.

Clinical supporting services; There is a 15 bed Intensive Care Unit/ High Dependency Unit at the Royal Devon Wonford site. The Directorate of Diagnostic Imaging is equipped with MRI, CT, ultrasound, general radiology and facilities for Nuclear Medicine studies, as well as a common range of laboratory services. The Royal Devon is an early adopter of solely electronic patient records, branded MYCARE, was implemented in October 2020 in Exeter and in July 2022 in Northern Devon. This is an exciting innovation which will transform patient care.

#### North Devon District Hospital

Theatres; we currently offer OMFS day case surgery in North Devon.

The OMFS clinic in North Devon has dedicated outpatient rooms, co-located with Orthodontics.

#### Orthognathic Service

There is a Joint Orthognathic Clinic occurring weekly to discuss and plan orthognathic cases. This is attended by the existing Orthognathic surgeon and one of the 3 consultant orthodontists and their trainees. 3D orthognathic surgical planning is carried out using Synthes/Materialise to construct the surgical splints for all orthognathic cases, with the support of the on-site maxillofacial laboratory. orthognathic surgery is carried out in Wonford main theatres, with inpatient recovery on Otter Ward. It is anticipated that the new appointee would share this orthognathic workload and provide cover for colleagues' annual leave.

# 4. POSITION OF CONSULTANTS UNABLE FOR PERSONAL REASONS TO WORK FULL-TIME

Any Consultant who is unable for personal reasons to work full-time will be eligible to be considered for the post. The Trust is committed to flexible working arrangements including job-sharing. Such arrangements will be discussed with any shortlisted candidate on a personal basis.

#### 5. THE JOB ITSELF

**TITLE:** Consultant OMFS Surgeon

#### **DUTIES OF THE POST**

#### Clinical duties

The appointee will be expected to have expertise in the management of standard emergency and acute OMFS conditions. The appointee will be expected to take part in the OMFS emergency on-call rota accepting out-of-hours referrals with a frequency of 1 in 4 (week nights) and 1:7 weekends.

The appointee will be expected to provide elective outpatient care across a range of OMFS specific conditions but with a particular interest in subspecialty interest Facial Deformity & Orthognathic Surgery and with a passion to develop the Surgical Dermatology aspect of the service.

The appointee will undertake administrative duties associated with the running of their clinical work and will be job planned to do so.

Additional recognised responsibilities which come with their own PA allocation will be reflected within the job plan.

#### **Education and Training**

The appointee will be expected to play a full part in the educational activities of the department. This will include teaching postgraduate trainees of all grades and medical and dental students. This will be job planned and protected.

## Emergency On-call and Cover for Colleagues

In emergency situations the post holder may be asked to support with emergency on-call service provision.

#### Clinical Audit

To contribute to the development of Clinical Quality Standards the successful candidate will be expected participate in the design and completion of audit projects leading to improvements in practice. There are close links with the Exeter Medical School and Peninsula Dental School. Current opportunities for research and audit are likely to be significantly enhanced in the future.

There is an educational, governance and audit session attended by all staff. There is an active audit programme in the department and all staff are encouraged to take part, and where possible present their work at regional or national meetings. Where possible the department takes part in and contributes to National Audit and data collection. Research is also encouraged and several senior staff have been principal investigators on multi-centre trials, with help and advice from an active Research and Development department. A recently appointed Academic Clinical Fellow in Oral Surgery provides new links between the Department and the University in Plymouth.

#### SPA

All full-time consultants have 1.5 SPA within their job plan. 2/3rds of this is expected to be delivered in a regular and timetabled way, on site. This will be reflected in the job planning process.

#### Research

The appointee will be encouraged to participate in clinical research and service innovation. The Trust hosts the National Institute of Health Research Clinical Research Network (South West Peninsula) and the appointee will be expected to identify suitable patients for clinical trials. There are opportunities for candidates to act as a Principal Investigator for NIHR clinical trials with the support from R&D as well as develop their own portfolio of research as a Chief Investigator with support from the Research Design Service.

All research undertaken must comply with Trust policy on Research & Development. Trust policy and guidelines are available on the Trust's Intranet site and specify compliance with the Research Governance Framework for Health and Social Care.

The successful candidate will be expected to participate in, and in some cases lead on, improvement and innovation activity. Where such activity creates potential new intellectual property, this must comply with Trust policy on Innovation and Intellectual Property.

#### Administration

The appointee will undertake administrative duties associated with the running of their clinical work.

#### Leadership and Management

The appointee will be responsible for the leadership of their team as appropriate within the specialty. Specific leadership responsibilities for areas of the service will be agreed on an individual basis and will be detailed in the post-holder's job plan.

The post-holder will share with consultant colleagues in the medical contribution to management and will be expected to take an active role in the resource management and to assist in the preparation of business plans.

The appointee is expected to be responsible to the Clinical Lead, Clinical Director and Associate Medical Director for the effective and efficient use of resources under their control, to contribute to the planning and development of the service and to participate in directorate/departmental meetings.

This department welcomes and encourages innovation and the development of new ways of working and support would be provided to allow service changes where such changes could lead to improvements in patient care.

#### **Professional Performance**

The Trust expects all physicians to work within the guidelines of the GMC Guide to Good Medical Practice. You will work with clinical and managerial colleagues to deliver high quality clinical care, within the management structure of the Trust and are expected to follow Trust policies and procedures, both statutory and local. You will be expected to take part in personal clinical audit, training, quality assessment and other professional activities, including continuing medical education, annual appraisal, job planning and revalidation. It is expected that you will participate in multisource feedback from both colleagues and patients. You will undertake administrative work associated with management of your clinical and professional practice.

You will be responsible for leadership of your clinical team within the specialty as agreed in your job plan and will be accountable for the effective and efficient use of any resources under your control. You will also participate in activities that contribute to the performance of the department and the Trust as a whole, including clinical and academic meetings, supervision of junior staff, departmental management, service development and educational activities. Service developments that require additional resources must have prior agreement from the Trust. The Trust is committed to providing safe and effective care for patients. It is a requirement that if you have concerns about the professional performance (conduct, performance or health) of a member of the medical staff, you have a duty to speak to the person concerned. If the matter is potentially serious, or satisfaction is not obtained with the direct approach, such concerns should be discussed with the Clinical Lead, if satisfaction is again not obtained, concerns should be discussed with the Medical Director.

#### Infection Control

The Trust is committed to reducing hospital acquired infections. All staff are expected to ensure that infection risks are minimised in line with national and Trust policies and best practice. Appointees will therefore be expected to attend Infection Prevention and Control learning once a year as a minimum. They are supported in this by the Infection Prevention and Control team.

#### Leave

Annual leave entitlement is as described in Schedule 18 of the Terms and Conditions Service Consultant (England) 2003.

- 6 weeks + 2 days per year (+ day off in lieu for each Public Holiday worked) rising to:
- 6 weeks and 4 days after 7 years' service prorata.
- 5 weeks of entitlement to be taken in full weeks

Part time staff may elect to take public holidays as they fall or a pro rata entitlement. Locum cover for leave will not normally be provided. It is expected that consultants within the department will coordinate leave to ensure that an appropriate level of service (emergency, urgent and routine) is maintained.

#### 6. Job Plan

Consultant job plans are on a 4 week rolling timetable. Typically in a 10PA job, a consultant will have three all day theatre lists in four weeks, and weekly; a day surgery list and around 4 outpatient clinics. In addition to this, there is dedicated admin time as well as 1.5 SPAs.

1:4 weekday on call covering RD&E catchment area (North Devon & Exeter)

1:7 weekend on call covering RD&E & Somerset catchment area

Prospective cover for planned leave, with locum cover for unplanned short-notice leave after discussion with Clinical Lead and Cluster Manager.

#### **On-call availability supplement**

Current agreed on-call rota:

- 1 in 4 week nights
- 1 in 7 weekends

Agreed category: A

On-call supplement: 8%





#### Salary Scale

£88,364 - £119,133 per annum pro rata

#### Date of Vacancy

**Immediately** 

#### **Domicile**

Consultants are expected to reside within a reasonable distance of Exeter, normally within 10 miles or 30 minutes. Exceptions to this rule will need to be discussed with the Medical Director.

# 8. ACADEMIC FACILITIES

There is a long tradition of research and education at the hospital and a regular supply of medical and dental undergraduate students. There is an active educational programme within the Oral & Maxillofacial Surgery Department for junior and senior staff. It is envisaged that the successful applicant will contribute to teaching of junior staff and undergraduates (during medical and dental student rotations) as an intrinsic part of their role in the department.

#### University of Exeter Medical School

The University of Exeter is one of the most successful universities of the 21st century. Research and education of the highest quality are at the heart of an inspiring community in which to learn, work and live. It has ambitious plans for the future, including a £275 million investment in facilities over the next five years. The University has recently accepted an invitation to join the prestigious Russell Group of leading research-led universities and was named the "Times University of the Year" in 2012/2013.

The University of Exeter Medical School (UEMS) is the newest College at the University of Exeter (http://www.exeter.ac.uk/medicine/). Formed from the disaggregation of Peninsula College of Medicine and Dentistry in 2012, it combines the best of the Peninsula Medical School and with the University of Exeter's outstanding global reputation for academic excellence and student experience.

The Medical School's cutting-edge research is driven by important clinical questions. It focuses on translational and applied research in areas of greatest health burden and greatest opportunity for scientific advance, principally: diabetes, cardiovascular risk, and ageing; neurological disorders and mental health; environment and human health; and health services research. It spans basic through clinical science to clinical trials and health policy.

UEMS delivers two highly-regarded and innovative undergraduate degrees: the BSc in Medical Sciences and Bachelor of Medicine, Bachelor of Surgery (BMBS). In addition, the Medical School offers a range of postgraduate programmes and courses.

The curriculum reflects today's evolving models of care and patient experience in acute, primary and community care settings. Building on the excellent educational reputation of Peninsula College of Medicine and Dentistry and using problem-based learning in small groups, the BMBS programme reflects the belief that doctors need to adopt a socially accountable approach to their work and to understand the human and societal impact of disease as well as the community-wide context of contemporary health care provision. Our graduates will be both capable and confident, whether they are clinicians, managers, educators or researchers and will be committed to life-long scholarship.

Years one and two of the BMBS programme are based at the St Luke's Campus in Exeter and lay the scientific foundations for the future years of the course. There is clinical contact from year one and students begin acquisition of a range of transferable skills, learning science within a clinical context. Years three and four of the programme are based at the Royal Devon and Exeter Hospital and at the Royal Cornwall Hospital in Truro and in their surrounding general practices and community health environments. In year five, students are involved in a series of apprenticeship attachments; to consultants and to Principal General Practitioners on a one-to-one basis throughout Devon and Cornwall in Barnstaple, Exeter, Torbay and Truro.

There is great scope for staff in NHS Partner Organisations to become involved in all aspects of the Medical School curriculum for undergraduate education; for example, clinicians may be engaged with PMS as clinical teachers, clinical skills tutors, and academic tutors.

The National Health Service (NHS) has been closely involved in the development of medical education in the South West and is the major UK employer of healthcare professionals. Significant growth in the number of doctors and the development of medical education, both pre- and post-qualification, contributes to the essential modernisation required to deliver the government's NHS Plan.

The NHS in Devon and Cornwall has worked with the school to ensure that its services and facilities offer the right environment to support the way doctors, scientists, educators and researchers are trained.

#### 9. CANVASSING

Candidates are asked to note that canvassing of any member of the Advisory Appointments Committee will disqualify {see Statutory Instrument 1982 No. 276 paragraph 8(1)(b)}. This should not deter candidates from seeking further information relevant to the post from those members of the Trust detailed below and, further, this should not deter candidates from making informal visits to the Trust which are encouraged.

# 10. ACCESS TO CHILDREN AND VULNERABLE ADULTS

The person appointed to this post may have substantial access to children and to vulnerable adults. Applicants are, therefore, advised that in the event that your appointment is recommended and in line with Trust policy, you will be asked to undertake an Enhanced disclosure check with the CRB prior to commencement of employment. Refusal to do so could prevent further consideration of the application. Attention is drawn to the provisions of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975 as amended by the Rehabilitation of Offenders Act 1974 (Exceptions)(Amendment) Order 1986, which allow convictions that are spent to be disclosed for this purpose by the police and to be taken into account in deciding whether to engage an applicant.

# 11. REHABILITATION OF OFFENDERS

This post is not protected by the Rehabilitation of Offenders Act, 1974. You must disclose all information about all convictions (if any) in a Court of Law, no matter when they occurred. This information will be treated in the strictest confidence.

# 12. DATA PROTECTION ACT 1998

Candidates are informed that the information given by them in application for the post will be used only for the recruitment and selection process. For successful candidates this will then form part of their personal file, and for unsuccessful candidates the information will be destroyed. The information is stored both in hard copy form and minimally on a database. This information is held and administered in line with the Data Protection Act and the Trust's confidentiality procedure.



The Royal Devon University Healthcare NHS Foundation Trust is committed to recruiting and supporting a diverse workforce and so we welcome applications from all sections of the community, regardless of age, disability, gender, race, religion and belief or sexual orientation.

The Trust is one of 39 NHS Trusts recognised as a diversity and inclusion partner by NHS Employers for 2019/20. This will provide the opportunity to develop and continuously improve the Trust's equality and diversity performance as well as giving the opportunity to influence national policy direction.

The Trust expects all staff to behave in a way which recognises and respects this diversity, in line with the appropriate standards. The Trust is committed to fair and equitable recruitment processes for all applicants and will make any reasonable adjustments you require to our selection process.

Please contact the Medical Staffing Team to let us know what reasonable adjustments you require.



Devon offers a quality of life few other English counties can match. Where else will you find such a unique landscape that encompasses over 450 miles of dramatic coastline, rugged moorland and gently winding rivers?

Living in

Interspersed with vibrant market towns, chocolate-box villages and sleepy hamlets, it is easy to see why we are consistently voted as one of the top places to live in the country.

Devon's outdoor lifestyle is its biggest draw. This natural playground is unsurpassed with over a third of the county designated as Areas of Outstanding Natural Beauty. You'll have over 5,000 km of footpaths and 250 km of off-road cycle paths to explore, not to mention endless opportunities to surf along the vast stretch of Atlantic coastline or paddleboard across tidal estuaries.

Your taste buds will find plenty to savour here too - Devon is rightly proud of the farmers and producers who make the South West one of the best regions in the UK to enjoy locally produced food and drink.

Whether you fancy surfing or fishing, cycling or climbing, fine dining or hearty pub fare, the county really does have it all. Never let it be said, it's all work and no play. Not here in Devon.

#### Vibrant cities and friendly market towns

A thriving, forward-looking city, Exeter is home to the world-leading Met Office, boasts the UK's first leisure centre built to ultra-energy-efficient Passivhaus standard and has one of the top 20 universities in the country.

At the very heart of the city is Exeter Cathedral, an architectural gem surrounded by cobbled streets and beautiful old buildings, many of them shops and eateries. In the compact city centre, you can stroll alongside parts of the ancient Roman wall, visit the remains of Rougemont Castle or explore the depths of Exeter's historic Underground Passages. Exeter Phoenix Arts Centre and the Royal Albert Memorial Museum (RAMM), add to the cultural mix, plus you'll have performance venues such as the Northcott Theatre, the Barnfield Theatre and Corn Exchange close to the city centre.

The main shopping area provides a wide range of leading High Street brands alongside an eclectic mix of independent shops, many to be found in the narrow thoroughfares off Cathedral Close and the High Street. Nearby Fore Street is a haven for all things vintage and retro. Exeter also has a historic quayside, a great spot to sit and watch the world go by at one of the many cafes and restaurants with al fresco dining.

#### Friendly market towns

You'll find an array of historic towns across North Devon and Torridge such as Okehampton, famed for its easy access to stunning Dartmoor. Heading towards North Devon, you'll also have delights such as the charming harbour town of Ilfracombe and the riverside port of Bideford.

#### Great for families

Outstanding Ofsted-rated primary schools, high-ranking secondaries and proximity to two leading universities are some of the biggest draws to Devon, making this a desired destination for families. Whether you have young children or teenagers in tow, the sheer quality of education and extracurricular activities available are guaranteed to impress.

#### Living and travelling

Housing wise, housing stock is diverse, with everything from thatched moorland cottages to Georgian townhouses and contemporary builds. Time and distance are different here, too. Many residents in this – the fourth largest county in the UK – are happy to travel up to an hour or more for work. This means there's a great deal of choice when it comes to finding somewhere to live.

Transport links are also good. The county has more than 8,000 miles of road – the largest road network anywhere in the country, although (it has to be said) many are narrow Devon lanes.

From Exeter's main station, Exeter St David's, there are fast and frequent rail services to Bristol (1 hour), London (around 2 hours to Paddington) and Birmingham (under 3 hours to Birmingham New Street). Exeter itself has an impressive rail network with no fewer than nine stations serving different parts of the city. There are a number of branch lines providing services to Mid and North Devon, Dartmoor and the Exe Estuary. Exeter International Airport provides flights to numerous destinations throughout the UK, Europe and even North America.

#### Support with relocation

Our Medical Staffing Team will help you get settled, providing financial relocation support, help with somewhere to live, registration for children at one of the excellent local schools and support for partners seeking employment.

More information about the area and help with relocating can be found at royaldevon.nhs.uk/join-us





# Health and Wellbeing

At the Royal Devon, staff's health and wellbeing is hugely important to us. We are passionate about creating a happy and healthy work environment for our staff, and we have a range of benefits available to support staff's health and wellbeing.

We want to support staff to improve their physical and emotional wellbeing and help them to lead a healthy lifestyle. In order to be able to care for others, it's important that staff take the time to care for themselves.

The Trust has a Health and Wellbeing Improvement Practitioner, whose role is dedicated to improving the health and wellbeing of staff across the Trust. The Practitioner is also supported by a Health and Wellbeing group which includes a number of clinical and non-clinical members from across the Trust.

We also have trained a number of Health and Wellbeing Champions and Mental Health champions across the Trust to support in creating a positive and healthy working environment for all.

We have a range of benefits available to support staff's health and wellbeing, including:

#### Staff Physiotherapy Service

All staff can self-refer to our dedicated staff Physiotherapy service to get early help with any musculoskeletal problems.

## Staff Support and Counselling Service

All staff can access dedicated face-to-face and telephone counselling support for work and personal problems.

## Employee Assistance Programme

We have a 24/7 service available which provides emotional support and advice to staff. This service also provides support with a range of personal problems such as financial, legal or tax advice.

#### Wellbeing Activities

We have a range of activities on offer for staff to access including meditation sessions, mindfulness courses, sleep coaching courses, staff away days and health checks.

## Onsite fitness activities

We run a variety of fitness classes onsite, including Yoga, Pilates, Qi gong, Circuits and running groups.

#### Smoking Cessation Support

Staff can access up to 6 face-to-face sessions of support from a dedicated Stop Smoking Advisor.

#### Staff Lottery

Staff can sign up to our Staff Lottery and win first prize of up to £2500 in the monthly draw.

## Cycle to Work Scheme

Through Cyclescheme, staff can obtain a Bike and accessories up to a maximum cost of £1,000 through a salary sacrifice scheme. Staff also benefit from a saving to the overall cost attained through reduced income tax, national insurance and pension deductions.

### **Contacts**

The Royal Devon University Healthcare NHS Foundation Trust welcomes informal enquiries; the relevant people to speak to are as follows:

#### **Chief Executive:**

Ms Suzanne Tracey Chief Executive Royal Devon University Healthcare NHS FT Barrack Road Exeter, EX2 5DW Tel 01392 402357

#### **Medical Director:**

Dr Anthony Hemsley Medical Director Royal Devon University Healthcare NHS FT Barrack Road Exeter, EX2 5DW Tel: 01392 403984

#### **Associate Medical Director:**

Dr Nicholas Bachelor Consultant Anaesthetist Royal Devon University Healthcare NHS FT Barrack Road

#### **Clinical Lead:**

Mr Michael Esson Consultant OMFS Surgeon Royal Devon University Healthcare NHS FT Barrack Road Exeter, EX2 5DW Tel: 01392 402216

#### **Divisional Director:**

Mrs Nicola Du'Gay Royal Devon University Healthcare NHS FT Barrack Road Exeter, EX2 5DW Tel: 01392 404663



# We're here if you need us!

For more information, please contact us: rduh.medicalhr@nhs.net (Eastern services)





#### **Privacy Notice**

During the course of this recruitment process, the Trust will be collecting your data and processing it in accordance with relevant Data Protection Legislation. Please see our website for more information with regards to the Trust's Privacy Notice (Royal Devon website – Information Governance page).

This Privacy Notice is designed to provide you with further information on how we will be using your data for this purpose and to comply with the relevant legislation.

