Royal Devon University Healthcare
NHS Foundation Trust

JOB DESCRIPTION

POST: Trust Doctor in Paediatrics

GRADING/EQUIVALENT: ST3 – ST5

STUDY LEAVE: up to 10 days per year pro rata

For further details of the hospital where this post is based please look at the website: **www.rdehospital.nhs.uk** or refer to the 'Corporate Information'

The Firm Structure

The team:

- 25 Consultants (Neonatal unit, General Paediatric, Community)
- 8 Whole Time Equivalent Specialist Registrars (ST3-ST8) On Middle Grade Rota; (these doctors provide middle grade cover in both Acute Paediatrics and Neonatology)
- 6 Staff Grade Doctors (4 Acute, 2 Community)
- 14 ST1's, ST2's including both GP and Paediatric trainees
- 3 Neonatal ANNPs

The Work of the Department and the Directorate

The Trust provides Level 2 neonatal services, general paediatric services and community paediatrics. However the post holder will not be expected to be involved in community paediatrics.

Acute Paediatrics

This is based in the Royal Devon and Exeter Hospital (Wonford).

The Royal Devon and Exeter Hospital provides speciality shared care services for Cystic Fibrosis and Respiratory paediatrics, Oncology, Haematology, Diabetes and Endocrinology, Gastroenterology, Epilepsy and Neurology, Rheumatology, Cardiology, Metabolic disease, Immunology and infectious diseases, Eating disorders, Allergy, Renal medicine and Paediatric surgery.

Bramble Ward in Wonford Hospital is staffed for 43 children's beds (physical capacity of 51) to provide for all children in the district. Included in this is the Paediatric High Dependency Unit, which consists of a three-bedded bay and an isolation cubicle. Bramble has four 6-bedded bays - two for children with medical problems, one for adolescents and one "clean" bay for surgical children (including plastic surgery). There are 18 cubicles, including five with isolation facilities and filtered air supply, and four designed to facilitate care by parents. An additional 3-bedded area functions as a day-care unit with waiting, consultation and treatment facilities. There is a 4-bed paediatric

oncology day case unit. There is a 6-space Paediatric Assessment Unit located beside ED. Bramble is situated adjacent to the emergency medicine and X-ray departments with the intensive care unit and main theatres above.

There are excellent school facilities as well as an adolescent day room and a purpose built play area, outdoors and partially covered. In addition to parents' beds in the cubicles and alongside children's beds in the bays when necessary, there are two resident parents' bedrooms and a kitchenette.

The paediatric outpatient suite adjoins Bramble ward and has seven large consulting rooms and its own paediatric waiting area with specially-designed play facilities. There are additional outpatient facilities at Heavitree Hospital where the department of clinical genetics is situated.

Neonatology

The Neonatal Unit is a local neonatal unit (LNU) providing medical care for sick newborn infants for the Exeter, Mid and East Devon districts (approximately 4,500 births per annum). This includes deliveries at The Centre for Women's Health at the Royal Devon & Exeter Hospital (Wonford) and the Tiverton, Honiton and Okehampton community midwifery units. Neonatal and maternity services moved to the main Wonford Hospital site in 2007 to the purpose built Centre for Women's Health.

Started by the late Professor Freddie Brimblecombe and the late senior nurse, Jean Boxall, the Neonatal Unit established a national reputation with the publication of much original work, particularly related to innovative practice in infection control, the role of parents and transitional care.

The unit is well known nationally for work on vitamin K deficiency bleeding, the physiology of feeding and swallowing, cup feeding practices and visual habituation in infancy. Recent research includes involvement in multi-centre randomised controlled trials including ELFIN (enteral lactoferrin in neonates) and SIFTS (speed of increasing feeds in neonates) in addition to a discharge intervention study and research on the use of video laryngoscopy. Exeter was the top recruiting site in the southwest of England in SIFT (speed of increasing feeds trial) and NeoClear study. We are actively involved in regular quality improvement projects like NeoThermal project which is a current BAPM Quality improvement project.

In 2016 the Neonatal Unit has become the first neonatal unit in the UK to be awarded specific neonatal UNICEF Baby Friendly full accreditation and has been the first unit in the country to be re-accredited for this. The Royal Devon and Exeter NHS Foundation Trust achieved UNICEF Baby Friendly full accreditation 2012. Orientation to the breastfeeding policy is provided for all new neonatal staff by the Infant Feeding coordinators within one week of commencement of employment. We are the only unit in the country to have both UNICEF and BLISS accreditation. We were recently awarded BLISS neonatal team of the year for family integrated care.

The unit has 4 ICU and 4 HDU cots in addition to a large low dependency and dedicated transitional care ward with a combined maximum occupancy of 26 cots total.

The South West neonatal services are managed by the southwest operational delivery Network (ODN). As an LNU we look after all singletons born after 27 weeks gestational age or twins after 28 weeks. Any babies who are expected to have birthweight below 800g, those with significant multi-organ failure or those that require therapeutic are

cared for in the early weeks of life in the regional neonatal intensive care unit at Derriford Hospital, Plymouth and surgical cases in Bristol.

The unit has been submitting data to the Vermont Oxford Network (VON) since 2007 and generally provides data approximately 50 infants born below 30 weeks gestation and/or 1500g birth weight. VON outcome data compares favorably with other UK units and has been used as the basis for local quality improvement programs.

The Post

The post holder will work at tier 2 (middle grade rota – ST3-8 equivalent) on a full-shift basis. During the day the post holder will work in either general or neonatal paediatrics, covering the inpatient and emergency responsibilities for those areas. Out of hours the post holder will cross-cover between general and neonatal paediatrics. They will also be involved with assessment of children for child protection reviews.

The consultants in both clinical areas work service weeks to provide continuity of care. Out of hours there is a senior decision making doctor on site for PAU until 2200h Monday-Friday (Consultant or Staff Grade). There are always two consultants providing non-resident cover out of hours (One for General Paediatrics and one for Neonates). At weekends the post is supported by one tier 1 doctor 0900-2200 in Bramble ward and another tier 1 doctor covering PAU from 0900-1700 and 1 tier 1 doctor on NNU. Overnight there is 1 tier 1 doctor 2200-0900 on each side.

There will be opportunities to participate in outpatient work under supervision. The postholder will be encouraged to pursue areas of interest and in career development, including the provision of educational supervision.

There is a full and active teaching programme including radiology meetings, audit programme and Simulation teaching.

RDE is a teaching hospital attached to the University of Exeter Medical School – the postholder will have the opportunity to develop teaching skills and contribute to undergraduate education.

The table below shows details of the consultants currently in post.

Name	**NHS sessions**	**Main description of post**	**Special interest & responsibilities**
Dr Chris Moudiotis	FT	Acute Paediatrics	Diabetes Endocrinology

Dr Richard Tomlinson	FT	Community Child Health & Acute Paediatrics	Community Child Health Epilepsy Neuromuscular disorders
Dr Rachel Howells	FT	Acute Paediatrics	General Paediatrics Neurology ,Epilepsy Named Doctor for Safeguarding / NEW Devon CCG (Exeter) Lead for Medical Appraisal Paediatrics Clinical Director
Prof Stuart Logan	LTFT	Outpatient Paediatrics	General Paediatrics
Dr Justin Thuraisingham	LTT	Neonatology	RCPCH College Tutor Neonatology
Dr Corinne Hayes	FT	Acute Paediatrics	Paediatric Oncology Hearing Impairment
Dr Simon Parke	FT	Acute Paediatrics	Paediatric oncology Benign Haematology
Dr Rebecca Franklin	LTFT	Acute Paediatrics	Immunology and infectious diseases
Dr Beth Enderby	FT	Acute Paediatrics	Respiratory Cystic Fibrosis
Dr Emily Bell	LTFT	Acute Paediatrics	Respiratory Cystic Fibrosis
Dr Hannah Cottis	LTFT	Acute Paediatrics	General Paediatrics Nephrology
Dr Sian Ludman	LTFT	Acute Paediatrics	General Paediatrics Allergy & Immunology
Prof. David Mabin	FT	Neonatology Cardiology	Neonatology Cardiology Associate Clinical Dean UEMS
Dr James Hart	FT	Acute Paediatrics	Gastroenterology Metabolic disorders
Dr Nigel Osborne	FT	Acute Paediatrics	Cardiology Rheumatology
Dr David Bartle	FT	Neonatology	Neonatology Trust Simulation lead
Dr Nagendra Venkata	FT	Neonatology & Acute Paediatrics	Neonatology, Cardiology Neurodevelopment
Dr David McGregor	FT	Neonatology & Acute Paediatrics	Neonatology Diabetes and Endocrinology
Dr Nichola O'Shea	LTFT	Neonatology & Acute Paediatrics	Neonatology Neurodevelopment
Dr Helen Brewer	FT	Community Child Health	Community Child health Epilepsy Neurodisability
Dr Sam Janoff	LTFT	Community Child Health	Community Child Health
Dr Eleanor Thomas	LTFT	Community Child Health	Community Child Health Epilepsy Clinical Lead - Community Child Health
Dr Chloe Bulwer	LTFT	Community Child Health	Community Child health Looked after children
Dr. Rowan Stanbury	FT	Community Child Health & Acute Paediatrics	Community child health General Paediatrics Paediatrics Clinical Director
Dr. JP Smith	FT	Acute Paediatrics	General Paediatrics, Diabetes Rheumatology
Dr. Christine McMillan	FT	Acute Paediatrics	General Paediatrics Gastroenterology Eating Disorders
Dr. Emily Cheshire	LTFT	Acute Paediatrics	General Paediatrics Infectious diseases

			UEMS lead
Dr Harriet Aughey	LTFT	Neonatology & Acute Paediatrics	Neonatology Clinical Lead Neonates

Contact details for further information

Main switchboard contact number – 01392 411611

Dr Rowan Stanbury and Dr Rachel Howell	**Consultant Paediatrician & Clinical Director**	**rowanstanbury@nhs.net and rachel.howells@nhs.net**
Dr Harriet Aughey	**Consultant Paediatrician & Clinical lead for neonates**	**harriet.aughey2@nhs.net**
Dr Justin Thuraisingham	**Consultant Paediatrician & College Tutor**	**j.thuraisingham@nhs.net**