

# JOB DESCRIPTION

This post has been identified as involving access to vulnerable adults and/or children and in line with Trust policy successful applicants will be required to undertake a Criminal Records Bureau Disclosure Check.

The Trust is committed to recruiting and supporting a diverse workforce and so we welcome applications from all sections of the community, regardless of age, disability, gender, race, religion, sexual orientation, maternity/pregnancy, marriage/civil partnership or transgender status. The Trust expects all staff to behave in a way which recognises and respects this diversity, in line with the appropriate standards.

**1. JOB DETAILS**

**Job Title:** Parkinson’s Disease Nurse Specialist.

**Band: 6**

**Reports to:** Senior Nurse, Medical Services.

**Department / Directorate:** Medical Services

**2. JOB PURPOSE**

To provide specialist care for patients with Parkinson’s’ Disease and their families which aims to improve quality of life and reduce length of hospital stay in the Royal Devon & Exeter Hospital.

To act as a specialist nurse and to improve the management of patients with Parkinson’s’ Disease through specialist education and training, implementation and initiation of audit.

Be responsible for providing expert advice on Parkinson’s’ Disease issue to a wide range of people including patients, staff, primary health care, palliative care, social services, nursing and residential homes.

To provide clinical leadership and education for healthcare professionals and as a specialist resources for patients, families and carers.

**3. DIMENSIONS/ KEY WORKING RELATIONS**

* Patients and carers
* Nursing/Medical Staff
* Speech and Language Therapists
* Dieticians
* Occupational Therapists
* Physiotherapist
* Hospice
* Administrative staff.
* Nurse Consultant Older People.

1. **ORGANISATIONAL CHART:**

Assistant Director of Nursing

Senior Nurse Movement Disorder Consultant

Cluster 1

Medical Services

Post Holder

Line Management Accountability

Reporting Accountability

**5. KEY RESULT AREAS/PRINCIPAL DUTIES AND RESPONSIBILITIES:**

**Clinical Practice**

* To provide specialist advice to patients and their families/carers, staff and students.
* Takes responsibility for his/her own patient caseload within the designated clinical areas and for assessment and treatment of patients on a day to day basis with access to Consultant advice
* Understands and recognises own limitations and liaises with Healthcare for Older People Consultant as required.
* Provides and receives sensitive, complex or contentious information to patients, their relatives and members of the public with empathy and reassurance.
* Communicates to a range of nursing staff, acting as a specialist resource. The post holder will be required to advice and support patients with Parkinson’s. Empowering them to make informed choices in their healthcare. This will require the use of complex communication skills such as supporting, counselling, informing, advising, negotiating and motivating on a daily basis.
* Develops the skills to assess and interpret specialist information and conditions and take appropriate action.
* Attend regular Parkinson’s MDT meeting, as well as Health Care for Older People Meetings as required.
* Perform nurse led follow-up clinics under Consultant supervision of Parkinson’s patients.
* To perform telephone follow up for patients on discharge from RD&E.
* To ensure good communication with Community based Parkinson’s Disease Specialist Nurses as patients move between the community & the hospital.
* To ensure patients receive their correct PD medications on time & to facilitate self-administration of medication where possible
* To become competent in performing apomorphine response tests and to assess in patients on apomorphine infusions as well as providing advice to ward staff

**Leadership & Management**

* Contributes to the provision of specialist protocols policies as well as clinical audit
* To work collaboratively with other nursing units/departments and specialities to ensure the patient care is the priority.
* Responsible for organising own workload in order to meet the requirements of the service.
* Produce and present reports as requested.
* Provide representation on working groups as requested.
* Be aware of budgetary limitations and provide highest quality nursing service within those confines.
* Make line manager aware of any concerns regarding quality of service provided in a constructive manner.

**Education**

* To identify training needs of those involved in the care of Parkinson’s patients.
* To work with staff in clinical areas to develop their knowledge and skills and act as a role model.
* To teach on trusts Parkinson’s training.
* Evaluate and monitor the impact of learning on the delivery of care.
* Maintain own professional development and skills in accordance with NMC guidelines.
* Have knowledge of current developments and research in Parkinson’s disease nursing practice and take action in accordance with changes.
* To be responsible for the education of Parkinson’s disease patients and their carers on their disease management.
* To setup and develop trust in-reach advice and education service according to approved guidelines and standards.

**Other Responsibilities:**

To take part in regular performance appraisal

To undertake any training required in order to maintain competency including mandatory training, i.e. Fire, Manual Handling

To contribute to and work within a safe working environment

The post holder is expected to comply with Trust Infection Control Policies and conduct him/herself at all times in such a manner as to minimise the risk of healthcare associated infection

Longer term to help develop the service to include prescribing & close involvement with apomorphine initiation & monitoring



**THE TRUST - PURPOSE AND VALUES**

We are committed to serving our community by being a high quality specialist Hospital with consultant-led services. We aim to co-ordinate our services with primary and community care, and to develop a limited number as Sub-Regional Referral Centres with appropriate levels of research, development and educational involvement. Where appropriate, and consistent with our services, we may provide services aimed at preventing disease and debilitation.

We aim to make all our services exemplary in both clinical and operational aspects. We will show leadership in identifying healthcare needs to which we can respond and in determining the most cost-effective way of doing so. We will share our knowledge with neighbouring healthcare agencies and professionals.

We recruit competent staff that we support in maintaining and extending their skills in accordance with the needs of the people we serve. We will pay staff fairly and recognise the whole staff’s commitment to meeting the needs of our patients.

We are committed to equal opportunity for all and encourage flexible working arrangements including job sharing.

### GENERAL

This is a description of the job as it is now. We periodically examine employees' job descriptions and update them to ensure that they reflect the job as it is then being performed, or to incorporate any changes being proposed. This procedure is conducted by the Manager in consultation with the jobholder. You will, therefore, be expected to participate fully in such discussions. We aim to reach agreement on reasonable changes, but if agreement is not possible, the Trust reserves the right to insist on changes to your job description after consultation with you.

The RD&E is a totally smoke-free Trust. Smoking is not permitted anywhere on Trust property, including all buildings, grounds and car parks. For help to quit call: 01392 207462.

As an employee of the Trust, it is a contractual duty that you abide by any relevant code of professional conduct and/or practice applicable to you. A breach of this requirement may result in action being taken against you (in accordance with the Trust’s disciplinary policy) up to and including dismissal.

The post holder is expected to comply with Trust Infection Control Policies and conduct him/her at all times in such a manner as to minimise the risk of healthcare associated infection.

**PERSON SPECIFICATION**

**POST: Parkinson’s Disease Nurse Specialist.**

**BAND: 6**

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| **REQUIREMENTS** | **At**  **Recruitment** | **At PDR** |
| **QUALIFICATIONS / TRAINING**   * Registered Nurse * Bachelor’s degree in nursing or health related subjects or equivalent experience * Specialist course regarding the management of Parkinson’s disease patients or willingness to complete. * Teaching and mentoring qualification or equivalent experience. * Nurse Prescribing course   or willingness to complete.   * Post-graduate Study or equivalent experience | E  E  E  E  D  E | E  E  E  E  E |
| **KNOWLEDGE / SKILLS**   * Excellent verbal and written communication skills * Ability to develop and manage own case/workload * Evidence of professional development and regular study. * Ability to critically analyse research. | E  E  E  E  E | E  E  E  E  E |
| **EXPERIENCE**   * Evidence of experience in managing Parkinson’s disease. * Experience of teaching/education * Experience of close liaison with members of the multidisciplinary team. | E  E  E | E  E  E |
| **PERSONAL ATTRIBUTES**   * Highly motivated and enthusiastic * Takes responsibility for own professional development * Smart and professional appearance. * Up to date personal profile. | E  E  E  E | E  E  E  E |
| **OTHER REQUIREMENTS**  Holds a full UK driving license/ willing to travel to community hospitals/residences when necessary. | E | E |

\* Essential/Desirable

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| --- | --- | --- | --- | --- | --- |
| **HAZARDS IDENTIFIED (*tick as appropriate)*:** | | | | | |
| Laboratory specimens  Proteinacious Dusts |  | Clinical contact with  patients | X | Performing Exposure  Prone Invasive Procedures |  |
| Blood / Body Fluids | X | Dusty environment |  | VDU use |  |
| Radiation | X | Challenging Behaviour | X | Manual handling | X |
| Solvents |  | Driving | X | Noise | X |
| Respiratory Sensitisers |  | Food handling |  | Working in isolation | X |