



Royal Devon
University Healthcare
NHS Foundation Trust

CONSULTANT RECRUITMENT PACK

CONSULTANT IN NEUROLOGY

For more information, please contact us:
rduh.medicalhr@nhs.net (Eastern services)



NHSRoyalDevon



RoyalDevonNHS

royaldevon.nhs.uk/join-us

A Warm Welcome

Hi, I'm Chris Tidman Deputy Chief Executive Officer of Royal Devon University Healthcare NHS Foundation.

Thank you for the interest that you have shown in working with us, at what is an unprecedented time for healthcare across the UK.

Our Trust is a special place to work. We foster creativity, innovation and a personal approach to high quality patient care.

We are proud of our department and are committed to the further development of this successful and cohesive team and recognise the importance of bringing the very best clinicians to Devon.

Good luck with your application and I look forward to meeting you soon.

Chris Tidman

We welcome enquiries for further information and strongly encourage informal visits either in person or virtually so that you can get a feel for what it's like to work with us. A list of contacts is detailed in the final section of this pack.

JOB TITLE

Consultant in Neurology

DATE OF VACANCY

Immediate

BASE

Royal Devon University Healthcare
NHS Trust Eastern

Cover image:

Dartmoor

40 minutes drive
from Exeter

Application and Advisory Appointments Committee

Applicants must have completed specialist training in this role prior to taking up the appointment. The expected date of the award of the Certificate of Completion of Training should be no later than six months after the date of AAC interview for this post.

The applicant should also be entered on, or within six months of entry to, the GMC Specialist Register at the time of acceptance of an offer of employment.

Applications are through the NHS Jobs online service at www.jobs.nhs.net. This will take you to the Career Gateway. Please apply using the online application form at this site.

This post is being offered as The Royal Devon University Healthcare NHS Foundation Trust continue to develop our long-standing partnership with a view to becoming a single integrated organisation across Eastern and Northern Devon.

Working together gives us the opportunity to offer unique and varied careers across our services combining the RDUH's track record of excellence in research, teaching and links to the university with NDHT's innovation and adaptability.

Whilst the post holder is formally being appointed to a role within the base hospital of The Royal Devon University Healthcare NHS Foundation Trust, over time there may be a need to provide some clinical activity in the partner hospital site to ensure service continuity and equity of access to appropriate services.

“We are committed to flexible working arrangements, including job sharing.”

Why choose the Royal Devon?

Research and innovation

We recognise that research active departments deliver better clinical outcomes for patients and as such we invest continuously in a large programme of profession led and commercial research studies, many of which are internationally recognised and award winning. We have a multi-million pound research facility, dedicated research staff and collaborative links with researchers from across the University. Funded time for the development of research proposals is available for interested consultants.

Service development

The Royal Devon is a newly formed Trust supporting a population of more than 615,000 across more than 2,000 square miles of North, East and West Devon. The scale of operation brings opportunities to establish and develop innovative new services to better meet the needs of our patients.

Teaching

The Royal Devon is a university trust that enjoys close ties with the University of Exeter Medical School. We offer funded time for teaching of medical students and junior doctors. We are planning a regular programme of evening educational meetings to bring teams from both sites together. These meetings will also provide opportunities for your own CPD.

Career progression

The size and structure of our Eastern team creates a strong framework for progression, whilst the flatter structure within our Northern service means rapid progression to areas of increased responsibility.

Investment

The Royal Devon has received significant capital investment over the past 12 months which has allowed the implementation of a single electronic patient record (EPR) across the Trust. This investment has allowed expansion of the specialist nursing teams and improvements to the infrastructure at both base hospitals.

Location and relocation

We are fortunate to be based in the beautiful South West of England and you can choose between the hustle and bustle of the city of Exeter, the rolling moors of Exmoor or the stunning beaches of North Devon. Schools, further education colleges and the University of Exeter are good or outstanding, crime rates are low, and transport links and infrastructure investment are also excellent. We can offer you temporary accommodation to support a visit and a relocation package should you choose to come to Devon. A more comprehensive explanation of all of these elements can be found within this job pack, but if you have any questions then please do get in touch or arrange a visit to come and see us.

About Royal Devon University Healthcare NHS Foundation Trust

We are a newly formed NHS Foundation Trust with a vast geographical footprint, serving a population of over 615,000 people and covering more than 2000 square miles across Devon.

This makes us one of the largest providers of integrated health care in the UK, and the biggest employer in Devon with a workforce of over 15,000 staff.


Our services include two acute hospitals, 17 community hospitals, outpatient clinics, and community teams who care for people within their own homes. We also provide primary care and a range of specialist services, stretching from coastline to coastline, extending our reach throughout the South West Peninsula as far as Cornwall and the Isles of Scilly.

Established in April 2022, the Royal Devon brings together the expertise of Northern Devon Healthcare NHS Trust and the Royal Devon and Exeter NHS Foundation Trust, embracing change and innovation to develop new medical models, new ways of working, ground-breaking research and huge levels of investment into new infrastructure, equipment and facilities. There has never been a better time to join us.

The Royal Devon is committed to supporting the personal and professional development of our consultant staff and in turn to improve the care offered to our patients. This might include developing or introducing innovative services and bringing these to rural patients, teaching the doctors of tomorrow or undertaking award winning clinical research.

You'll find more information about the role and the Trust in this pack. Further information is also available on our website

www.royaldevon.nhs.uk



Exeter Cathedral

1. Introduction

The RDUH works as a single Trust to provide high quality neurological services for the populations of Exeter, North, East & Mid Devon.

The department of Neurology at The Royal Devon University Healthcare NHS Foundation Trust (RDUH) is appointing one consultant to cover a forthcoming vacancy.

2. HOSPITALS AND SERVICES

The RDUH comprises the full range of acute District General Hospital facilities and is managed day to day by a Trust Executive. This includes the chief executive, medical director and directors of finance and information, human resources, nursing, associate medical directors (with management contracts) and (ex officio) the chairman of the Medical Staff Committee. The Royal Devon University Healthcare NHS Foundation Trust became a first-wave NHS Foundation Trust on 1 April 2004.

In its recent Care Quality Commission inspection (reported Feb 2016) the RDUH was rated as 'Good' overall with some features rated as 'Outstanding'.

For a full description of the main hospitals and services of the Trust see the Trust website www.rdehospital.nhs.uk

3. THE WORK OF THE DEPARTMENT AND DIRECTORATE

Overview

The Neurosciences department is part of the Medical Division and is based at the The Royal Devon University Healthcare NHS Foundation Trust. The department provides a comprehensive consultant-led neurology, neurophysiology and neuro-rehabilitation set of services to the communities of Exeter, North, East and Mid-Devon, a population of around 400,000. The main centre of the population is Exeter, the regional capital of Devon, a lively city with a well-established, active and respected research university.

Neurology

A wide range of common and uncommon neurological conditions are seen. There are over 7000 outpatient attendances, 150 inpatient admissions and 800 day case attendances under Neurology in Exeter annually. In addition to these, clinics were also provided in Honiton, Exmouth and Barnstaple.

12 acute neurology beds are provided on Bolham ward at the RDUH (Eastern), alongside 12 Parkinson's Disease and Healthcare for Older People beds under the care of the Healthcare for Older People department. Opinions and follow-up are also given on patients under the care of the physicians and surgeons at the RDUH.

Neurology outpatient clinics are held in Exeter (this includes specialist clinics which reflect the interests of the consultant neurologists), North Devon and at community hospitals in East Devon (currently Exmouth and Honiton);. Additional specialist or community clinics are negotiable with the Trust.

There are very strong links with the University of Exeter Medical School and the University of Exeter with an active research program in all aspects of health and sciences. Many national and international figures work within these institutions and distinguished visitors give lectures.

Neuro-rehabilitation

The Mardon Neurorehabilitation Centre is a twelve bed Level 2b unit situated a short walk from the main RDUH Eastern site. The Mardon multidisciplinary team is led by Dr Rachel Botell, Consultant in Rehabilitation Medicine, and provides inpatient neurological rehabilitation.

Neurophysiology

A team of visiting consultant neurophysiologists working with 8 clinical physiologists and scientists provide a comprehensive neurophysiology service based in Exeter. Neurophysiology services are also provided by the team at North Devon District and Torbay Hospitals. Intra-operative evoked potential monitoring during spinal surgery, polysomnography, electroretinography, ambulatory and video-telemetry EEG recordings both as in and an outpatient are among the services provided.

Clinical Psychology

There are strong links with the Clinical Psychology Department which provides a full range of community based psychology clinics including a dedicated clinic for Functional Neurological Disorders. Regular meetings provide an opportunity for case discussion and service development.

Neuro-ophthalmology

The local Ophthalmology Service provides access to a dedicated neuro-ophthalmologist plus optometry and ocular motility clinics.

Stroke Services

Stroke services at the RDUH are provided by a team of eight consultant physicians, who work across stroke and healthcare for older people services. The acute stroke unit has 28 beds and accepts acute stroke referrals directly from the Emergency Department. There are also 12 stroke rehabilitation beds on site, supported by a Stroke Early Supported Discharge team working in the community. Stroke thrombolysis is provided by the Stroke Consultants and Stroke Nurse Practitioners.

Movement Disorders

Dr Ray Sheridan and Dr Sarah Jackson, Consultant Physicians, provide a fortnightly movement disorder clinic in Exeter at the RDUH on a Tuesday afternoon, and a similar service in the community hospitals. An active research programme, with neurology, includes a large Parkinson's Disease database and website in conjunction with the National Hospital for Neurology and Neurosurgery at Queen Square in London.



Library Facilities

The medical library is linked to all main academic sites through the University of Exeter server. There is easy access to Medline and Pubmed. In addition there is a comprehensive stock of books, journals and videos. Through NHS linked hospital computers, many journals are available on line at the Exeter Medical Library web site.

Staff

MEDICAL STAFF

Dr K M (Joe) Gormley

Consultant in Neurology, Clinical Lead for Neurology

Dr Timothy Harrower

Consultant in Neurology

Dr Sonali Dharja

Consultant in Neurology

Professor Nicholas Gutowski

Consultant in Neurology

Dr Mark Fish

Consultant in Neurology

Dr Christopher Price

Consultant in Neurology

Dr Rachel Botell

Consultant in Rehabilitation Medicine

Specialist Registrars – 2 posts rotating within the Peninsula Deanery

BOLHAM WARD:

2 IMTs (1 specifically for Neurology)

1 F1

SPECIALIST NURSES:

3MS Nurse Specialists(Eastern)

2MS Nurses Specialists(Northern)

3 Adult Epilepsy Nurse Specialists(Eastern)

2 Learning Disability Epilepsy Nurse Specialists(Eastern)

2 Acute Hospital Parkinson's Disease Nurse Specialists(Eastern)

1 Acute Hospital Parkinson's Disease Nurse Specialists(Northern)

2 Community Parkinson's Disease Nurse Specialists

4. POSITION OF CONSULTANTS UNABLE FOR PERSONAL REASONS TO WORK FULL-TIME

Any Consultant who is unable for personal reasons to work full-time will be eligible to be considered for the post. The Trust is committed to flexible working arrangements including job-sharing. Such arrangements will be discussed with any shortlisted candidate on a personal basis.

5. THE JOB

TITLE: Consultant Neurologist

RELATIONSHIPS: The employer is The Royal Devon University Healthcare NHS Foundation Trust

DUTIES OF THE POST

Clinical Commitments

The post-holder will work with clinical colleagues to provide a comprehensive clinical neurology service in Exeter and will help develop both teaching and research in Exeter. The post-holder will assist clinical colleagues in the acute neurology service in Exeter which will include a commitment to providing specialist review for new patients on the AMU (Acute Medical Unit). The post-holder will share, with other clinical colleagues, the neurology component of the core curriculum for undergraduate students within the University of Exeter Medical School. The post-holder will have shared access, with other clinical colleagues, to the neurology beds on Bolham ward and the neurology junior staff – currently two specialist registrars and one IMT1.

Education and Training

There is a responsibility to teach junior medical staff on the firm and medical students from the University of Exeter Medical School.

University of Exeter Medical School

The Royal Devon University Healthcare NHS Foundation Trust is one of the NHS partners of the Exeter Medical School and the Department has responsibility for part of the clinical undergraduate teaching programme. Time for teaching and preparation is arranged by mutual agreement with the Clinical Lead within the Trust's annual job planning and appraisal process.

Emergency On-call and Cover for Colleagues

In addition to providing emergency and planned cover for an absent consultant colleague, it is expected that the consultant(s) providing cover will also provide clinical supervision to junior staff caring for elective inpatients and day cases. Locum cover will not normally be provided.

An out of hours telephone on-call service is provided by the consultant neurologists.

Clinical Audit & Research

To contribute to the development of Clinical Quality Standards.

The successful candidate will be expected to participate in the design and completion of audit projects leading to improvements in practice. There are close links with the University Exeter Medical School for research opportunities. Opportunities for research projects exist and the Research and Development Department is a dynamic and active department providing appropriate support for new and existing research projects.

Neuroscience/Neurology is a key research area for the Trust. There is a broad range of interests from basic science/translation, inflammatory/neurodegenerative/glial, axonal guidance/genetic, endothelium/metastasis through to clinical studies: the range of studies currently includes longitudinal and Genome Wide Association (GWAS) international multicentre studies (with publications in high impact journals such as Nature Genetics) and multicentre Phase 3 – 5 interventional studies. Interests include Multiple Sclerosis; Dystonia, Motor Neurone Disease, Headache, Huntington's disease, Anti-TNF usage and the emergence of CNS demyelination, Cognitive disorder/Dementia, and sleep medicine.

Administration

The appointee will undertake administrative duties associated with the running of their clinical work.

Leadership and Management

The appointee will be responsible for the leadership of their team as appropriate within the specialty. Specific leadership responsibilities for areas of the service will be agreed on an individual basis and will be detailed in the post-holder's job plan.

The appointee is expected to be responsible to the Clinical Lead for the effective and efficient use of resources under their control, to contribute to the planning and development of the service and to participate in departmental meetings.

Professional Performance

It is a requirement that if the employee has concerns about the professional performance of a member of the medical staff, they have a duty to speak to the person concerned. If the matter is potentially serious, or satisfaction is not obtained with the direct approach, such concerns should be discussed with the Clinical Lead, if satisfaction is again not obtained, concerns should be discussed with the Associate Medical Director or Medical Director.

Infection Control

All medical and dental staff have a duty to practise safe medicine in relation to infection control and other issues. Appointees will therefore be expected to attend infection control learning opportunities once per year as a minimum, and also to comply with Trust Infection Control policies and guidelines.

Staff and office

The appointee will have office accommodation, secretarial support and access to a dedicated PC and the Internet.

6. TIMETABLE

This is a non-specific job plan indicative of 2 consultant appointments working across the Trust's geographical footprint.

The content and detail of the timetable to be agreed by the Trust with the appointee.

- 4 DCC outpatients
- 1.5 DCC ward round/other/travel to site
- 1 DCC RDE/PHT (Plymouth Health Trust) MDT
- 2 DCC clinical admin
- 1.5 SPA

8.5 DCC Total

1.5 SPA Total

10 PA Total

A minimum of 1.5 SPAs will be provided within a full time contract, for a consultant's personal development. Further discussion on supporting professional activities will depend on the Trust's requirements and the individual's particular expertise.

On-call availability supplement: 2%

Current agreed on-call rota: 1:7

Agreed category:B

7. MAIN CONDITIONS OF SERVICE

Salary Scale

£88,364 - £119,133 per annum / pro rata

Annual Leave

6 weeks + 2 days per year (+day off in lieu for each Public Holiday worked) rising to 6 weeks and 4 days after 7 years service pro rata. Five weeks of entitlement to be taken in full weeks. Part time staff may elect to take public holidays as they fall or as a pro rata entitlement.

Study leave

30 working days over a period of three years.

Date of Vacancies

Immediate.

Domicile

Consultants are expected to reside within a reasonable distance of Exeter, normally within 10 miles or 30 minutes. Exceptions to this rule will need to be discussed with the Medical Director.

8. ACADEMIC FACILITIES

The University of Exeter Medical School

The Peninsula Medical School was founded on a partnership between the Universities of Exeter and Plymouth and the NHS in Devon and Cornwall. The school commenced delivery of the Undergraduate Programme in Autumn 2002. Due to Exeter University's strengthening national reputation (and entry to the Russell Group) it has taken over the role of running the medical school on the Exeter site from September 2013. All teaching is underpinned by a strong research base with research focused in the Institute of Biomedical and Clinical Science, Institute of Health and Social Care and the Institute of Clinical Education. A new Exeter University medical research building has recently been constructed on the main Wonford site, enhancing the already close links between the Trust and the University.

There is great scope for staff in NHS Partner Organisations to become involved in all aspects of the curriculum for undergraduate education; for example, clinicians may be engaged as Clinical Skills Tutors, Special Study Unit (SSU) Providers, and Academic Mentors.

Research and Innovation

An appointee will be expected to participate in clinical research and service innovation. The Trust hosts the National Institute of Health Research Clinical Research Network (South West Peninsula) and the appointee will be expected to identify suitable patients for clinical trials. There are opportunities for candidates to act as a Principal Investigator for NIHR clinical trials with the support from R&D as well as develop their own portfolio of research as a Chief Investigator with support from the Research Design Service.

All research undertaken must comply with Trust policy on Research & Development. Trust policy and guidelines are available on the Trust's Intranet site and specify compliance with the Research Governance Framework for Health and Social Care.

A successful candidate will be expected participate, and in some cases lead on, improvement and innovation activity. Where such activity creates potential new intellectual property this must comply with Trust policy on Innovation and Intellectual Property.

The Research and Development Support Unit (RDSU)

The Trust holds a contract from the Department of Health to host a Peninsula wide Research and Development Support Unit to facilitate NHS R&D in the implementation of Evidence Based Practice in the research community. This Peninsula Unit, which was formed from three highly successful units, involves networks throughout the Peninsula embracing both Primary Care Secondary Care and supports all professional groups.

9. RESEARCH GOVERNANCE

All research undertaken must comply with Trust policy on Research & Development. Trust policy and guidelines are available on the Trust's Intranet site and specific compliance with the Research Governance Framework for Health and Social Care.

10. CANVASSING

Candidates are asked to note that canvassing of any member of the Advisory Appointments Committee will disqualify {see Statutory Instrument 1982 No. 276 paragraph 8(1)(b)}. This should not deter candidates from seeking further information relevant to the post from those members of the Trust detailed below and, further, this should not deter candidates from making informal visits to the Trust which are encouraged.

11. ACCESS TO CHILDREN AND VULNERABLE ADULTS

The person appointed to this post may have substantial access to children and to vulnerable adults. Applicants are, therefore, advised that in the event that your appointment is recommended and in line with Trust policy, you will be asked to undertake an Enhanced disclosure check with the CRB prior to commencement of employment. Refusal to do so could prevent further consideration of the application. Attention is drawn to the provisions of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975 as amended by the Rehabilitation of Offenders Act 1974 (Exceptions)(Amendment) Order 1986, which allow convictions that are spent to be disclosed for this purpose by the police and to be taken into account in deciding whether to engage an applicant.

12. REHABILITATION OF OFFENDERS

This post is not protected by the Rehabilitation of Offenders Act, 1974. You must disclose all information about all convictions (if any) in a Court of Law, no matter when they occurred. This information will be treated in the strictest confidence.

13. DATA PROTECTION ACT 1998

Candidates are informed that the information given by them in application for the post will be used only for the recruitment and selection process. For successful candidates this will then form part of their personal file, and for unsuccessful candidates the information will be destroyed. The information is stored both in hard copy form and minimally on a database. This information is held and administered in line with the Data Protection Act and the Trust's confidentiality procedure.

14. DIVERSITY AND EQUALITY

The Trust is committed to recruiting and supporting a diverse workforce and so we welcome applications from all sections of the community, regardless of age, disability, gender, race, religion and belief or sexual orientation.

The Trust is one of 39 NHS Trusts recognised as a diversity and inclusion partner by NHS Employers for 2019/20. This will provide the opportunity to develop and continuously improve the Trust's equality and diversity performance as well as giving the opportunity to influence national policy direction. The Trust expects all staff to behave in a way which recognises and respects this diversity, in line with the appropriate standards.

The Trust is committed to fair and equitable recruitment processes for all applicants and will make any reasonable adjustments you require to our selection process.

Please contact the Medical Staffing Team at **rduh.medicalhr@nhs.net** to let us know what reasonable adjustments you require.



Equality, Diversity and Inclusion

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Please contact the Medical Staffing Team to let us know what reasonable adjustments you require.

Further information

The Trust welcomes informal enquiries; the relevant people to speak to are as follows:

Deputy Chief Executive:

Mr Chris Tidman
Deputy Chief Executive
The Royal Devon University Healthcare NHS
Foundation Trust
Barrack Road
Exeter EX2 5DW
Telephone (PA): 01392 40 2357

Medical Director:

Mr A Hemsley
Medical Director
The Royal Devon University Healthcare NHS
Foundation Trust
Barrack Road
Exeter EX2 5DW
Tel: 01392 406070

Associate Medical Director:

Dr Helen Lockett
Associate Medical Director
The Royal Devon University Healthcare NHS
Foundation Trust
Barrack Road
Exeter EX2 5DW
Tel: 01392 402895

Clinical Director:

Dr Jane Sword
Clinical Director
The Royal Devon University Healthcare NHS
Foundation Trust
Barrack Road
Exeter EX2 5DW
Tel: 01392 404781

Clinical Lead for Neurology:

Dr Joe Gormley
Consultant Neurologist
The Royal Devon University Healthcare NHS
Foundation Trust
Barrack Road
Tel: 01392 406258

Divisional Director:

Andrew Burgess
Divisional Director
The Royal Devon University Healthcare NHS
Foundation Trust
Barrack Road
Exeter EX2 5DW
Tel: 01392 402883

The Quay

20 minutes walk
from Royal Devon





Dartmoor

Living in Devon

Devon offers a quality of life few other English counties can match. Where else will you find such a unique landscape that encompasses over 450 miles of dramatic coastline, rugged moorland and gently winding rivers?

Interspersed with vibrant market towns, chocolate-box villages and sleepy hamlets, it is easy to see why we are consistently voted as one of the top places to live in the country.

Devon's outdoor lifestyle is its biggest draw. This natural playground is unsurpassed with over a third of the county designated as Areas of Outstanding Natural Beauty. You'll have over 5,000 km of footpaths and 250 km of off-road cycle paths to explore, not to mention endless opportunities to surf along the vast stretch of Atlantic coastline or paddleboard across tidal estuaries.

Your taste buds will find plenty to savour here too - Devon is rightly proud of the farmers and producers who make the South West one of the best regions in the UK to enjoy locally produced food and drink.

Whether you fancy surfing or fishing, cycling or climbing, fine dining or hearty pub fare, the county really does have it all. Never let it be said, it's all work and no play. Not here in Devon.

Vibrant cities and friendly market towns

A thriving, forward-looking city, Exeter is home to the world-leading Met Office, boasts the UK's first leisure centre built to ultra-energy-efficient Passivhaus standard and has one of the top 20 universities in the country.

At the very heart of the city is Exeter Cathedral, an architectural gem surrounded by cobbled streets and beautiful old buildings, many of them shops and eateries. In the compact city centre, you can stroll alongside parts of the ancient Roman wall, visit the remains of Rougemont Castle or explore the depths of Exeter's historic Underground Passages. Exeter Phoenix Arts Centre and the Royal Albert Memorial Museum (RAMM), add to the cultural mix, plus you'll have performance venues such as the Northcott Theatre, the Barnfield Theatre and Corn Exchange close to the city centre.

The main shopping area provides a wide range of leading High Street brands alongside an eclectic mix of independent shops, many to be found in the narrow thoroughfares off Cathedral Close and the High Street. Nearby Fore Street is a haven for all things vintage and retro. Exeter also has a historic quayside, a great spot to sit and watch the world go by at one of the many cafes and restaurants with al fresco dining.

Friendly market towns

You'll find an array of historic towns across North Devon and Torridge such as Okehampton, famed for its easy access to stunning Dartmoor. Heading towards North Devon, you'll also have delights such as the charming harbour town of Ilfracombe and the riverside port of Bideford.

Great for families

Outstanding Ofsted-rated primary schools, high-ranking secondaries and proximity to two leading universities are some of the biggest draws to Devon, making this a desired destination for families. Whether you have young children or teenagers in tow, the sheer quality of education and extra-curricular activities available are guaranteed to impress.

Living and travelling

Housing wise, housing stock is diverse, with everything from thatched moorland cottages to Georgian townhouses and contemporary builds. Time and distance are different here, too. Many residents in this – the fourth largest county in the UK – are happy to travel up to an hour or more for work. This means there's a great deal of choice when it comes to finding somewhere to live.

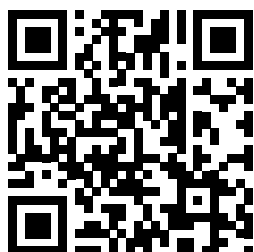
Transport links are also good. The county has more than 8,000 miles of road – the largest road network anywhere in the country, although (it has to be said) many are narrow Devon lanes.

From Exeter's main station, Exeter St David's, there are fast and frequent rail services to Bristol (1 hour), London (around 2 hours to Paddington) and Birmingham (under 3 hours to Birmingham New Street). Exeter itself has an impressive rail network with no fewer than nine stations serving different parts of the city. There are a number of branch lines providing services to Mid and North Devon, Dartmoor and the Exe Estuary. Exeter International Airport provides flights to numerous destinations throughout the UK, Europe and even North America.

Support with relocation

Our Medical Staffing Team will help you get settled, providing financial relocation support, help with somewhere to live, registration for children at one of the excellent local schools and support for partners seeking employment.

More information about the area and help with relocating can be found at royaldevon.nhs.uk/join-us



Budleigh
Salterton

Health and Wellbeing

At the Royal Devon, staff's health and wellbeing is hugely important to us. We are passionate about creating a happy and healthy work environment for our staff, and we have a range of benefits available to support staff's health and wellbeing.

We want to support staff to improve their physical and emotional wellbeing and help them to lead a healthy lifestyle. In order to be able to care for others, it's important that staff take the time to care for themselves.

The Trust has a Health and Wellbeing Improvement Practitioner, whose role is dedicated to improving the health and wellbeing of staff across the Trust. The Practitioner is also supported by a Health and Wellbeing group which includes

a number of clinical and non-clinical members from across the Trust.

We also have trained a number of Health and Wellbeing Champions and Mental Health champions across the Trust to support in creating a positive and healthy working environment for all.

We have a range of benefits available to support staff's health and wellbeing, including:

Staff Physiotherapy Service

All staff can self-refer to our dedicated staff Physiotherapy service to get early help with any musculoskeletal problems.

Staff Support and Counselling Service

All staff can access dedicated face-to-face and telephone counselling support for work and personal problems.

Employee Assistance Programme

We have a 24/7 service available which provides emotional support and advice to staff. This service also provides support with a range of personal problems such as financial, legal or tax advice.

Wellbeing Activities

We have a range of activities on offer for staff to access including meditation sessions, mindfulness courses, sleep coaching courses, staff away days and health checks.

Onsite fitness activities

We run a variety of fitness classes onsite, including Yoga, Pilates, Qi gong, Circuits and running groups.

Smoking Cessation Support

Staff can access up to 6 face-to-face sessions of support from a dedicated Stop Smoking Advisor.

Staff Lottery

Staff can sign up to our Staff Lottery and win first prize of up to £2,500 in the monthly draw.

Cycle to Work Scheme

Through Cyclescheme, staff can obtain a Bike and accessories up to a maximum cost of £1,000 through a salary sacrifice scheme. Staff also benefit from a saving to the overall cost attained through reduced income tax, national insurance and pension deductions.



We're here if you need us!

For more information, please contact us:
rduh.medicalhr@nhs.net (Eastern services)



NHSRoyalDevon



RoyalDevonNHS

Privacy Notice

During the course of this recruitment process, the Trust will be collecting your data and processing it in accordance with relevant Data Protection Legislation. Please see our website for more information with regards to the Trust's Privacy Notice (Royal Devon website – Information Governance page).

This Privacy Notice is designed to provide you with further information on how we will be using your data for this purpose and to comply with the relevant legislation.