

## JOB DESCRIPTION

### 1. JOB DETAILS

**Job Title:** Trust Research Doctor

**Hours:** 0.8 FTE

**Grade:** ST3+

**Duration of Post:** Permanent

**Reports to:** R&D Director

**Department/Division:** Research and Development

### 2. JOB PURPOSE

To provide high quality medical care to research participants and participants in the Trust under the supervision of a study or trial Principal Investigator (PI) To act as PI for appropriate studies and trials.

### 3. PRINCIPAL DUTIES AND RESPONSIBILITIES

The appointee will support the delivery of research trials and studies across a breadth of the Trusts specialties under the supervision of study Principal Investigators (PI). The appointee will also act as PI for appropriate studies. There will be an opportunity to gain experience on a variety of clinical trials across all phases and to work with Consultants and the wider MDT. This will be an invaluable post for those looking to gain more experience in a variety of research methodologies and specialties.

Placements will be within the wider Trust teams as well as in the NIHR Clinical Research Facility Exeter which focuses on experimental medicine and early phase trials and the NIHR Patient Recruitment Centre Exeter which focuses on late phase commercial clinical trials.

All trust doctors have a Clinical Supervisor and are encouraged to keep a portfolio. You will have access to educational opportunities. You will gain valuable clinical experience caring for participants and participants with a wide range of conditions, delivering high quality care within research protocols and working as part of a dynamic multi-disciplinary team. The post is predominantly Monday to Friday within usual working hours, although some flexibility is required, there is no on-call commitment. The post holders will be encouraged to support and teach more junior colleagues within the multi-disciplinary research team and medical and other students. This post would suit somebody looking to work flexibly as LTFT and combining additional portfolio experience in teaching or whilst studying for post graduate exams or completing a MSc or PG Cert.

#### **Main duties and accountabilities:**

This job description summarises the main duties and accountabilities of the post but is not comprehensive. The post-holder may be required to undertake other duties of similar level and responsibility.

#### **Clinical Work:**

- Undertake clinical and administrative activities as delegated by the study PI
- Act as PI or Sub-PI for appropriate studies
- Request specialist opinions and investigations as guided by the study PI
- Where needed, communicate and liaise with GPs and other hospital teams to ensure research participants' care.

- Work seamlessly with the MDT responsible for the research participants in your studies and trials
- Support the feasibility process by reviewing research protocols for potential studies
- Write safety documents
- Attend site initiation visits
- Discuss studies on the telephone with potential participants
- Consent and reconfirm consent for study participants
- Review and confirm eligibility criteria
- Prescribe study medication in line with the protocol and in liaison with the hospital Clinical Trials Pharmacy
- Review test and procedure results, initiating actions as required
- Undertake protocol required activities and assessments after appropriate training if required
- Document findings in site files and medical records – including reporting and assessment of adverse events
- Deal with any emergencies should they arise

**Core Teaching:**

- Teach medical students and junior medical colleagues as required
- Present at departmental and divisional meetings as required

**Initiative, problem-solving and decision-making:**

- Contribute to discussions regarding participant care within research protocols
- Identify the need for developing services and work with your colleagues on quality improvement projects or audits.
- Where the opportunity arises work with colleagues to develop research projects

**Planning and managing resources:**

- Use resources carefully to minimise waste and avoid unnecessary costs
- Prioritise work based on clinical need
- Work with the R&D senior team and PI's to ensure adequate clinical care is available for research participants

**4. ROYAL DEVON UNIVERSITY HEALTHCARE NHS FOUNDATION TRUST**

The Royal Devon University Healthcare NHS Foundation Trust was established in April 2022, bringing together the expertise of both the Royal Devon and Exeter NHS Foundation Trust and Northern Devon Healthcare NHS Trust. Stretching across North, East and Mid Devon including Torridge and Exeter, our workforce of over 17,000 staff serves a population of almost one million people, extending our reach as far as Cornwall and the Isles of Scilly.

We deliver a wide range of emergency, specialist and general medical services through North Devon District Hospital and the Royal Devon and Exeter Hospital (Wonford). Alongside our two acute hospitals, we provide integrated health and social care services across a variety of settings including community inpatient hospitals, outpatient clinics, and within people's own homes. We also offer primary care services, a range of specialist community services, and Sexual Assault Referral Centres (SARC).

Our hospitals are both renowned for their research, innovation and links to universities.

For a full description of the main hospitals and services of the trust see the trust website:

<https://royaldevon.nhs.uk>

This post is based at the Royal Devon and Exeter hospital which is in the historic cathedral city of Exeter in the heart of the South West of England. It has a vibrant city centre with easy access to rural communities, Dartmoor and the coast. There are numerous opportunities to take part in outdoor activities including cycling, surfing and rock climbing, or to enjoy social time with family and friends at local restaurants and nightclubs. Exeter has several high performing schools and a Russell Group university linked to the hospital. Exeter Airport has flights to several cities in the UK and Europe. Exeter is just over 3 hours from London by train.

#### **The Research and Development Department:**

Within the R&D department, there are currently three Trust research doctors supporting Medical Consultant and other Clinical Colleagues to deliver research across the Trusts services. There are approximately 250 studies recruiting at any time with a similar number in follow-up.

The Trust Research Doctors can expect to support studies across the breadth of the Trusts specialties with a focus but not limited to the following areas:

- Acute Medicine
- Cardiology
- Diabetes and Endocrinology
- Gastroenterology
- Healthcare for Older People
- Infection
- Neurology
- Respiratory
- Renal
- Paediatrics

#### **The Trust Vision and Values**

Our vision is to provide safe, high quality seamless services delivered with courtesy and respect. To achieve our vision we expect all our staff to uphold our Trust values. Our Trust values are:

- Honesty, Openness & Integrity
- Fairness,
- Inclusion & Collaboration
- Respect & Dignity

We recruit competent staff that we support in maintaining and extending their skills in accordance with the needs of the people we serve. We will pay staff fairly and recognise the whole staff's commitment to meeting the needs of our participants.

We are committed to equal opportunity for all and encourage flexible working arrangements including job sharing.

We are committed to recruiting and supporting a diverse workforce and welcome applications from all sections of the community, regardless of age, disability, gender, race, religion, sexual orientation, maternity/pregnancy, marriage/civil partnership or transgender status. We expect all staff to behave in a way which recognises and respects this diversity, in line with the appropriate standards.

#### **5. CONDITIONS OF APPOINTMENT**

The post is subject to the local Trust Doctor Terms and Conditions of Service as amended from time to time.

All appointments are subject to NHS Standards Pre-Employment Checks.

## 6. GENERAL

This is a description of the job as it is now. We periodically examine employees' job descriptions and update them to ensure that they reflect the job as it is then being performed, or to incorporate any changes being proposed. This procedure is conducted by the Manager in consultation with the jobholder. You will, therefore, be expected to participate fully in such discussions. We aim to reach agreement on reasonable changes, but if agreement is not possible, we reserve the right to insist on changes to your job description after consultation with you.

The RDUH is a totally smoke-free Trust. Smoking is not permitted anywhere on Trust property, including all buildings, grounds and car parks. For help to quit call: 01392 207462.

## 7. CONTACT DETAILS FOR FURTHER INFORMATION

Before submitting an application, you may wish to discuss the post further by contacting the following people:

Research and Development Director Helen Quinn [helen.quinn@nhs.net](mailto:helen.quinn@nhs.net)

| HAZARDS:                |   |                                |   |  |   |
|-------------------------|---|--------------------------------|---|--|---|
| Laboratory Specimens    | X | Clinical contact with Patients | X | Dealing with violence & aggression of patients/relatives | X |
| Blood / Body Fluids     | X | Dusty Environment              |   | VDU Use (occasional)                                     | X |
| Radiation / Lasers      |   | Challenging Behaviour          | X | Manual Handling  |   |
| Solvents                |   | Driving                        |   | Noise / Vibration  |   |
| Respiratory Sensitisers |   | Food Handling                  |   | Working in isolation                                     |   |
| Cytotoxic Drugs         |   | Electrical work                |   | Night Working  |   |

## Person Specification

| <u>QUALIFICATIONS AND EXPERIENCE</u>   | <u>Essential/Desirable</u> | <u>How Evaluated</u>               |
|--|----------------------------|------------------------------------|
| <ul style="list-style-type: none"> <li>▪ Has achieved MBBS or equivalent medical qualification</li> </ul>  | <b>E</b>                   | <b>Application</b>                 |
| <u>ELIGIBILITY</u> <ul style="list-style-type: none"> <li>▪ Registered with the General Medical Council</li> </ul>   | <b>E</b>                   | <b>Application</b>                 |
| <u>KNOWLEDGE AND SKILLS</u> <ul style="list-style-type: none"> <li>▪ Sound knowledge of basic clinical sciences and the ability to applying knowledge to clinical practice</li> <li>▪ Able to prioritise clinical need and manage time effectively</li> <li>▪ Aware of own limitations and know when to consult senior colleagues</li> <li>▪ Understand the importance of working effectively in multi-disciplinary teams</li> </ul> | <b>E</b>                   | <b>Interview</b>                   |
| <u>PERSONAL REQUIREMENTS</u> <ul style="list-style-type: none"> <li>▪ Able to communicate effectively both verbally and in writing with patients, carers, GP's, Nurses and other agencies</li> <li>▪ Able to cope in stressful situations</li> </ul>   | <b>E</b>                   | <b>Interview</b>                   |
| <u>FITNESS TO PRACTICE</u> <ul style="list-style-type: none"> <li>▪ Is up to date and fit to practice safely</li> </ul>  | <b>E</b>                   | <b>Application &amp; Interview</b> |
| <u>OTHER REQUIREMENTS</u> <ul style="list-style-type: none"> <li>▪ Understands the need for and appreciates the role of audit and clinical governance in clinical practice</li> <li>▪ Understands the principles of patient confidentiality and data protection</li> <li>▪ Keeps professional knowledge and skills up to date</li> <li>▪ Understands the basic principles of audit</li> </ul>  | <b>E</b>                   | <b>Interview</b>                   |
| <u>EXPERIENCE</u> <ul style="list-style-type: none"> <li>▪ Satisfactory completion of Foundation Programme Training</li> <li>▪ Previous experience of clinical research delivery</li> </ul>  | <b>E<br/>D</b>             | <b>Application<br/>Application</b> |