

# **Fellowship in Hip Surgery (Clinical and Research)**

## **JOB DESCRIPTION**

**ROYAL DEVON UNIVERSTIY HEALTHCARE NHS FOUNDATION TRUST**  
**FELLOWSHIP IN HIP SURGERY (CLINICAL AND RESEARCH)**

**1. INTRODUCTION**

Applications are invited for the posts of Fellow in Hip Surgery (Clinical and Research) at the Princess Elizabeth Orthopaedic Centre, Royal Devon & Exeter Hospital, Exeter, UK.

Two posts are available, for 12 months, both commencing in the 1<sup>st</sup> week of February 2027.

**Period of Fellowship:** 12 months

Applicants should have completed a general training in Trauma and Orthopaedic Surgery and by the time of taking up the post have obtained the FRCS(Orth) examinations or equivalent and be eligible for CCT (or equivalent). Evidence of participation in research with peer review publications and/or presentations at clinical or scientific meetings is expected. The Fellowship is International in nature and applications from outside the UK are welcomed. Such applicants however must ensure that they are eligible to work in the UK. If uncertain in this regard please contact the HR department on [rduh.medicalhrsurgery@nhs.net](mailto:rduh.medicalhrsurgery@nhs.net) for further information.

The fellowship is a clinical and research training position for a period of 12 months. During this time the fellows will work with each of the eight consultants of the Exeter Hip Unit, who all specialise in complex and revision arthroplasty of the hip. The aim of the fellowship is to prepare the individual for a sub specialist career in complex arthroplasty of the lower limb, and it is expected that by the end of the 12 months the fellows should be able to plan and independently execute complex and revision hip arthroplasty cases. There will also be exposure to hip arthroscopy, osteotomy and other joint preservation procedures. Exeter was one of the first centres in the UK to have a Mako robot, and now has 4, one located at the Royal Devon & Exeter Hospital, one at the South West Ambulatory Orthopaedic Centre (SWAOC) and two at the Exeter Nuffield Hospital. Fellows will receive training in robotic assisted arthroplasty surgery. Fellows also have a commitment to the general orthopaedic trauma on call rota and hip fracture service.

There is a significant research component to the post. It is expected that each fellow will complete at least two supervised research projects for publication in a peer-reviewed journal, and write at least one review article for publication in a journal or book, during the fellowship.

## **2. THE ORTHOPAEDIC DIRECTORATE**

The Directorate of Trauma & Orthopaedics is based in the Princess Elizabeth Orthopaedics Centre (PEOC) at the Royal Devon University Healthcare Trust. PEOC presently provides routine and specialist orthopaedic work for residents of Devon & Cornwall and a tertiary Orthopaedic service for a wider area.

The existing staff comprises 36 Consultant Orthopaedic Surgeons (including 8 spinal consultants), 7 Specialist Registrars, 9 Orthopaedic Fellows and 12 SHO's.

The Exeter Hip team includes eight Consultant Surgeons, three Fellows, a Specialist Registrar, junior trainee doctors, two surgical care practitioners and two extended scope physiotherapists.

There is a comprehensive range of routine elective orthopaedic outpatient and inpatient services and specialist surgery provided by the Directorate that includes expertise in shoulder, elbow, hand, spine, hip, knee, foot & ankle and orthopaedic disorders in children. The hip arthroplasty services, both outpatient and inpatient, are currently delivered at PEOC and at the SWAOC at the Nightingale Hospital. The atmosphere within the Directorate is one of co-operation and inter-dependence between consultant colleagues and their teams, to ensure appropriate care is delivered to all patients.

The Exeter trauma service is provided at the Royal Devon and Exeter Hospital Wonford site, within the same building complex as the Princess Elizabeth Orthopaedic Centre (PEOC).

## **3. THE TRUST**

The Royal Devon and Exeter Hospital (RDE) is a Teaching Hospital based in the historic cathedral city of Exeter in the heart of the South West of England. The RDE serves a core population of approximately 400,000, as well as offering specialist care in a number of services across the South West peninsula and beyond. It is the eastern hub of the larger Royal Devon University Healthcare NHS Foundation Trust, which includes a number of other units including the North Devon District Hospital in Barnstaple and several community hospitals.

## **4. STAFF UNABLE FOR PERSONAL REASONS TO WORK FULL-TIME**

Any applicant who is unable for personal reasons to work full-time will be eligible to be considered for the post. The Trust is committed to flexible working arrangements including job-sharing. Such arrangements will be discussed with any shortlisted candidate on a personal basis.

## **5. THE POSTION**

**TITLE: Fellow in Hip Surgery**

**RELATIONSHIPS:**

The employer is the Royal Devon University Healthcare NHS Foundation Trust.

The post is based on a whole time appointment.

**DUTIES OF THE POST**

**Clinical:**

The Fellows are responsible for the daily assessment of all in-patients of his/her named Consultant at the PEOC and should let the Consultant know if any problems arise.

There is a training Registrar attached to the Unit and ward based junior trainees. The Registrar is given prime responsibility for the daily assessment of trauma in-patients but will also be involved with clinical work on the Hip Unit. When one of the Fellows is away the remaining Fellows should liaise closely with the ward doctors and Registrar on the Hip Unit to trouble-shoot problems for all firms and to contact the responsible Consultant in the event that a problem arises.

The fellow will join their respective trainer in the elective outpatients, elective theatre lists and ward rounds, including the weekly Grand Round and network MDT. There are also pre-admission consent clinics and the fellow is responsible for assessing patients due for admission and for consenting the patients for their operation. Any concerns that the fellow has regarding the patients' suitability for surgery should be discussed with the relevant consultant.

The fellows will undertake both directly supervised and personal operating lists, with a consultant available in an adjoining theatre. The fellow will also be expected to utilise elective lists made vacant due to leave of other staff.

Treatment protocols have been drawn up that apply to all arthroplasty patients on the Hip Unit. The Royal Devon University Hospitals Trust uses the Epic electronic patient records system at all of its hospital sites and all staff receive training in the use of this system.

**Data Capture:**

The unit has a detailed protocol detailing the acquisition of clinical data. It is essential that data be collected in a routine and comprehensive fashion on the Hip Unit.

**Trauma:**

There is a limited general trauma on call commitment. The Royal Devon & Exeter Hospital is a Trauma Unit linked to Derriford Hospital in Plymouth, the regional Major Trauma Centre. The RDE admits approx. 600 hip fractures a year and the hip team also provides an acute THA and periprosthetic fracture service. There is a small

trauma on call commitment with the post. The 3 hip fellows currently share one of the on call slots on the general Orthopaedic Trauma rota at middle grade level (this equates to approximately 2 fracture clinics in 6 weeks and one weekday overnight on call a month, plus each covers two split weekends (fri/sun or a sat) on call every 6 months). The exact level of commitment may change, depending on the total number of resident doctors on the trauma rota at any period in time.

### **Research:**

The Exeter Hip Unit has an active Research Group which includes 3 dedicated research support staff, whose duties include maintaining the Exeter Hip database, stretching back to 1970, and supporting the various research studies undertaken by the Unit. The Fellows are required to carry out and write up at least two pieces of original research, which may be in the fields of clinical orthopaedics or orthopaedic engineering. They will also be required to write at least one review article.

Regular research meetings are held, attended by representatives from Exeter University and by all those working on the Hip Unit. The research projects will be discussed with the fellow at the start of the fellowship and then progress will be assessed through discussion with the lead consultant and at the research meetings. Comprehensive databases have been established on the Unit, and these should be used for further entry and manipulation of data. Please do not set up stand-alone databases.

Dedicated time has been allocated on the fellows' timetables for research. The Fellow may occasionally be asked to help out with NHS clinical work, both elective and trauma, during the research sessions but this should not occur on a regular basis. If the fellow feels that their research time is being compromised, then they should discuss this with their lead consultant.

### **Clinical Audit**

The successful candidate will be expected to participate in the design and completion of audit projects leading to improvements in practice.

### **The Grand Round and Network MDT:**

The Hip Unit has a weekly Grand Round and regional Network MDT, held on a Wednesday morning in the Lecture Theatre in PEOC. The aim of the network meeting is to discuss the management of complex and revision cases across the arthroplasty network (Exeter, North Devon, Yeovil and Taunton Hospitals). This includes input from the Microbiology and Radiology teams. The Grand Round is used to present and plan all operations to be done at PEOC in the following week and to review cases done in the preceding week. There is also time for discussion of interesting and challenging cases and all staff are encouraged to present cases for discussion.

The Fellows are expected to present the patients due for admission for the following week and to have planned and templated the cases prior to the meeting.

## **Appraisal:**

Formal appraisal will be undertaken during the fellowship. At the start of the fellowship the fellow and trainer will meet for goal setting and initial appraisal. Further appraisal will be undertaken at the halfway point in the fellowship and shortly before the fellowship ends.

## **Exeter Medical School**

The Royal Devon NHS University Healthcare Foundation Trust is one of the NHS partners of the University of Exeter Medical School. The Directorate takes responsibility for part of the clinical undergraduate teaching programme. Fellows may be asked to undertake junior doctor, medical student and nursing staff teaching.

Excellent opportunities exist for the appointee to undertake original research work in his/her field. Links with the Universities of Exeter, Bristol and Bath are well-established.

## **Health and Safety**

The Trust has a Health and Safety Policy and all staff are required to be familiar with the policy to ensure a safe working environment.

## **Clinical Governance**

All medical staff are required to participate actively in annual appraisal and in clinical governance activities. Adverse incidents should be reported according to the Trust policy.

## **Administration**

The appointee will undertake administrative duties commensurate with the running of his/her clinical work.

## **Professional Performance**

It is a requirement that if the employee has concerns about the professional performance of a member of staff, they have a duty to speak to their supervising Consultant(s). If the matter is potentially serious, or satisfaction is not obtained with the direct approach, such concerns should be discussed with the Clinical Lead, and if satisfaction is again not obtained, concerns should be discussed with the Medical Director.

## **Infection Control**

All medical and dental staff have a duty to practice safe medicine in relation to infection control and other issues. Appointees will therefore be expected to attend infection control learning opportunities once per year as a minimum, and also to comply with Trust Infection Control policies and guidelines.

## **6. MAIN CONDITIONS OF SERVICE**

**Salary Scale –**

**Grade: ST6**

**£73,992 per annum pro rata**

**Annual Leave 27 days increasing up to 32 days dependant on NHS service**

**Date of Vacancy:** Two fixed term posts are available, each for 12 months, both commencing in the 1<sup>st</sup> week of February 2027.

## **7. ACADEMIC FACILITIES**

### **The University of Exeter Medical School**

The University of Exeter Medical School is founded on a unique partnership between the University of Exeter and the NHS in Devon. All teaching is underpinned by a strong research base with research focused in the Institute of Biomedical and Clinical Science, Institute of Health and Social Care and the Institute of Clinical Education.

Years one and two of the Bachelor of Medicine, Bachelor of Surgery degree programme lay the scientific foundations for the future years of the course. Students are introduced to clinical methods and begin acquisition of a range of transferable skills, learning science within a clinical context. The programme reflects the belief that doctors need to adopt a socially accountable approach to their work and to understand the human and societal impact of disease as well as the community-wide context of contemporary health care provision. The curriculum is structured around the human life cycle and the first year student studies human physical and psychological development from birth through to death. Seventy percent is “core”, providing the knowledge and abilities essential for entry into the Pre-registration House Officer year and thirty percent is comprised of Special Study Units, which allow students to select areas of interest to study in depth. In the second year students revisit the human life cycle, this time with an emphasis on disease and the pathological and psychological impact of illness. The programme in Years 3 and 4 moves away from the traditional curriculum model to reflect today’s evolving models of care. Known as ‘Pathways of Care’, Years 3 and 4 reflects the patient experience of care in acute, primary and community care settings. Learning is patient centred. In year five students learn the job of medicine and start to develop their understanding of principles of practice in the NHS. Students are involved in a series of apprenticeship attachments; to consultants across the South West and to Principal General Practitioners on a one-to-one basis throughout Devon.

There is great scope for staff in NHS Partner Organisations to become involved in all aspects of the University of Exeter medical school curriculum for undergraduate education; for example, clinicians may be engaged as Clinical Skills Tutors, SSU Providers, and Academic Mentors.

## **The Research and Development Support Unit (RDSU)**

The Trust holds a contract from the Department of Health to host a Peninsula-wide Research and Development Support Unit to facilitate NHS R&D in the implementation of Evidence Based Practice in the research community. This Peninsula Unit, which was formed from three highly successful units, involves networks throughout the Peninsula embracing both Primary Care Secondary Care and supports all professional groups.

### **8. RESEARCH GOVERNANCE**

All research undertaken must comply with Trust policy on Research & Development. Trust policy and guidelines are available on the Trust's Intranet site and specific compliance with the Research Governance Framework for Health and Social Care.

### **9. CANVASSING**

Candidates are asked to note that canvassing of any member of the Advisory Appointments Committee will disqualify their application {see Statutory Instrument 1982 No. 276 paragraph 8(1)(b)}. This should not deter candidates from seeking further information relevant to the post from those members of the Trust detailed below and, further, this should not deter candidates from making informal visits to the Trust which are encouraged.

### **10. ACCESS TO CHILDREN AND VULNERABLE ADULTS**

The person appointed to this post may have substantial access to children and to vulnerable adults. Applicants are, therefore, advised that in the event that your appointment is recommended and in line with Trust policy, you will be asked to undertake a disclosure check and a POCA (Protection of Children) list check with the CRB prior to commencement of employment. Refusal to do so could prevent further consideration of the application. Attention is drawn to the provisions of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975 as amended by the Rehabilitation of Offenders Act 1974 (Exceptions)(Amendment) Order 1986, which allow convictions that are spent to be disclosed for this purpose by the police and to be taken into account in deciding whether to engage an applicant.

### **11. REHABILITATION OF OFFENDERS**

This post is not protected by the Rehabilitation of Offenders Act, 1974. You must disclose all information about all convictions (if any) in a Court of Law, no matter when they occurred. This information will be treated in the strictest confidence.

### **12. DATA PROTECTION ACT 1998**

Candidates are informed that the information given by them in application for the post will be used only for the recruitment and selection process. For successful candidates this will then form part of their personal file, and for unsuccessful candidates the information will be destroyed. The information is stored both in hard copy form and minimally on a database. This information is held and administered in line with the Data Protection Act and the Trust's confidentiality procedure.

### 13. FURTHER INFORMATION

The Trust welcomes informal enquiries; the relevant people to speak to are as follows:

Fellowship Supervisor: Mr Matthew Hubble  
Consultant Orthopaedic Surgeon  
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Royal Devon & Exeter NHS Foundation Trust  
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Exeter EX2 5DW  
Tel: 01392 403588  
Email: [matthew.hubble@nhs.net](mailto:matthew.hubble@nhs.net)

Clinical Lead: Mr Jonathan Howell  
Consultant Orthopaedic and Trauma Surgeon  
Princess Elizabeth Orthopaedic Centre  
Royal Devon & Exeter NHS Foundation Trust  
Barrack Road  
Exeter EX2 5DW  
Tel: 01392 408400  
Email: [jonathanhowell1@nhs.net](mailto:jonathanhowell1@nhs.net)

Directorate Manager T&O: Mrs Lynsey King  
Royal Devon & Exeter NHS Foundation Trust  
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Email: [lynsey.king1@nhs.net](mailto:lynsey.king1@nhs.net)

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