

### A Warm Welcome

Hi, I'm Chris Tidman Deputy Chief Executive Officer of Royal Devon University Healthcare NHS Foundation.

Thank you for the interest that you have shown in working with us, at what is an unprecedented time for healthcare across the UK.

Our Trust is a special place to work. We foster creativity, innovation and a personal approach to high quality patient care.

We are proud of our department and are committed to the further development of this successful and cohesive team and recognise the importance of bringing the very best clinicians to Devon.

Good luck with your application and I look forward to meeting you soon.

**Chris Tidman** 

We welcome enquiries for further information and strongly encourage informal visits either in person or virtually so that you can get a feel for what it's like to work with us. A list of contacts is detailed in the final section of this pack.

#### **JOB TITLE**

Consultant in Anaesthesia and Pain Management

#### **BASE**

Royal Devon University Healthcare NHS Trust Eastern

#### **DATE OF VACANCY**

November 2023

Cover image:
The Quay
20 minutes walk
from Royal Devon

# **Application and Advisory Appointments Committee**

Applicants must have completed specialist training in this role prior to taking up the appointment. The expected date of the award of the Certificate of Completion of Training should be no later than six months after the date of AAC interview for this post.

The applicant should also be entered on, or within six months of entry to, the GMC Specialist Register at the time of acceptance of an offer of employment.

Applications are though the NHS Jobs online service at **www.jobs.nhs.net**. This will take you to the Career Gateway. Please apply using the online application form at this site.

In the interests of equal opportunities, applications or supplementary information submitted by CV will not be accepted. A minimum of three recent references are required, including a satisfactory reference from your current employer or the responsible officer at your current designated body.

We are committed to flexible working arrangements, including job sharing.

# Why choose the Royal Devon?

#### Research and innovation

We recognise that research active departments deliver better clinical outcomes for patients and as such we invest continuously in a large programme of profession led and commercial research studies, many of which are internationally recognised and award winning. We have a multi-million pound research facility, dedicated research staff and collaborative links with researchers from across the University. Funded time for the development of research proposals is available for interested consultants.

#### Service development

The Royal Devon is a newly formed Trust supporting a population of more than 615,000 across more than 2,000 square miles of North, East and West Devon. The scale of operation brings opportunities to establish and develop innovative new services to better meet the needs of our patients.

#### **Teaching**

The Royal Devon is a university trust that enjoys close ties with the University of Exeter Medical School. We offer funded time for teaching of medical students and junior doctors. We are planning a regular programme of evening educational meetings to bring teams from both sites together. These meetings will also provide opportunities for your own CPD.

#### Career progression

The size and structure of our Eastern team creates a strong framework for progression, whilst the flatter structure within our Northern service means rapid progression to areas of increased responsibility.

#### Investment

The Royal Devon has received significant capital investment over the past 12 months which has allowed the implementation of a single electronic patient record (EPR) across the Trust. This investment has allowed expansion of the specialist nursing teams and improvements to the infrastructure at both base hospitals.

#### Location and relocation

We are fortunate to be based in the beautiful South West of England and you can choose between the hustle and bustle of the city of Exeter, the rolling moors of Exmoor or the stunning beaches of North Devon. Schools, further education colleges and the University of Exeter are good or outstanding, crime rates are low, and transport links and infrastructure investment are also excellent. We can offer you temporary accommodation to support a visit and a relocation package should you choose to come to Devon. A more comprehensive explanation of all of these elements can be found within this job pack, but if you have any questions then please do get in touch or arrange a visit to come and see us.

# About Royal Devon University Healthcare NHS Foundation Trust

We are a newly formed NHS Foundation Trust with a vast geographical footprint, serving a population of over 615,000 people and covering more than 2,000 square miles across Devon.

This makes us one of the largest providers of integrated health care in the UK, and the biggest employer in Devon with a workforce of over 15,000 staff.

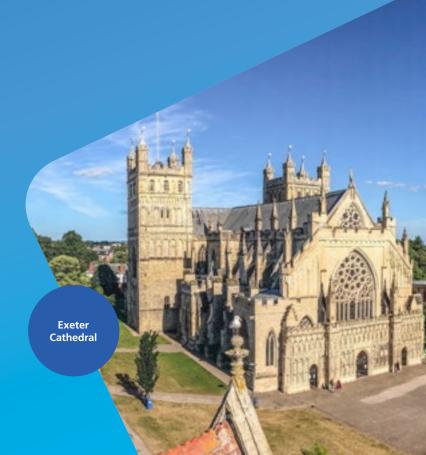
Our services include two acute hospitals, 17 community hospitals, outpatient clinics, and community teams who care for people within their own homes. We also provide primary care and a range of specialist services, stretching from coastline to coastline, extending our reach throughout the South West Peninsula as far as Cornwall and the Isles of Scilly.

Established in April 2022, the Royal Devon brings together the expertise of Northern Devon Healthcare NHS Trust and the Royal Devon and Exeter NHS Foundation Trust, embracing change and innovation to develop new medical models, new ways of working, ground-breaking research and huge levels of investment into new infrastructure, equipment and facilities. There has never been a better time to join us.

The Royal Devon is committed to supporting the personal and professional development of our consultant staff and in turn to improve the care offered to our patients. This might include developing or introducing innovative services and bringing these to rural patients, teaching the doctors of tomorrow or undertaking award winning clinical research.

You'll find more information about the role and the Trust in this pack. Further information is also available on our website

www.royaldevon.nhs.uk



### 1. Introduction

An exciting opportunity has arisen to join the Royal Devon University Healthcare NHS Foundation Trust as a Consultant in Anaesthetics and Pain Management.

This is a 10 PA permanent post to work with the team to meet the demands for the Anaesthetics Dept (Community and Acute Site) and Pain Management Service (Heavitree Hospital).

#### 2. HOSPITALS AND SERVICES

The Royal Devon University Healthcare NHS Foundation Trust serves the mixed urban and rural population of Exeter, east and mid Devon. In addition, patients access specialist services from a wider region including the rest of Devon, Somerset and Cornwall.

The Trust is governed by a unitary board comprising a Chairman, Chief Executive and both Executive and Non-Executive Directors. The Executive Directors manage the day to day operational and financial performance of the Trust. These consist of the Chief Executive Officer, a Director of Transformation and Organisational Development, a Medical Director, a Director of Finance and Business Development and a Chief Nurse /Executive Director of Delivery.

The Non-Executive directors do not have responsibility for the day to day management of the Trust but share the Board's corporate responsibility for ensuring that the Trust is run efficiently, economically and effectively.

All permanent medical staff are members of the Medical Staff Committee which has an elected Chairman who represents the group at the Trust Management Committee.

Clinical services are managed in three divisions led by a Divisional Director, Associate Medical Director and an Assistant Director of Nursing/Associate Director of Midwifery and Patient Care.

For a full description of the main hospitals and services of the Trust see the Trust website www.rdehospital.nhs.uk

# 3. THE WORK OF THE DEPARTMENT AND DIVISION

The appointee will be a member of the Department of Anaesthesia. The Anaesthetic Department, Theatres and Intensive Care in combination make up the Critical Care Cluster, one of the four Clusters that form the framework for the Surgical Services Division. The department provides anaesthetic services primarily to the Wonford Hospital site in Exeter, but also to the Heavitree Hospital site and four theatres in satellite community hospitals. Most speciality areas are covered by the department, apart from neurosurgery, thoracic and cardiac surgery. Cover is provided for 260 theatre lists each week with approximately 50,000 cases per annum receiving anaesthetic care. Pain management currently sits within the Trauma and Orthopaedics Cluster of the Surgical Services Division.

#### Management Structure

The Clinical Lead for Anaesthesia and Theatres is Dr Fiona Martin and Heather Barlow is the Cluster Manager for Critical Care. The Associate Medical Director for the Surgical Services Division is Dr Nick Batchelor and the Divisional Director is Nicola Dugay. Lynsey King, Cluster Manager and Jo Pollard is the Cluster Manager for Pain Management.

#### Medical Staffing

There are currently consultants employed within the Anaesthetics cluster, including 1 full time intensivist.

Dr R Appelboam (ICU)	Dr Z Jefferies	
Dr L Barker	Dr D Johnston	
Dr L Badek (ICU/Anaesthetics)	Dr C Leighton (ICU/ Anaesthetics)	
Dr N Batchelor	Dr J Lloyd	
Dr R Black	Dr S Marshall	
Dr A Martin	Dr F Martin	
Dr M Chandler	Dr T Martin	
Dr J Cockcroft	Dr C Matthews	
Dr T Clark	Dr E McIlroy	
Dr L Cossey	Dr B McCormick	
Dr M Daugherty	Dr K Meikle	
Dr M Davidson (ICU / Anaesthetics)	Dr A Melia	
Dr K Davies	Dr A Mills	
Dr C Day (ICU / Anaesthetics)	Dr Q Milner	
Dr P Dix	Dr D Mumby	
Dr S Edie	Dr N Pathmanathan (ICU / Anaesthetics)	
Dr P Ford	Dr M Pauling	
Dr J Garwood	Dr J Pittman (ICU/Anaesthetics)	
Dr C Gibson (ICU / Anaesthetics)	Dr R Price	
Dr C Gillett	Dr H Pugh	
Dr H Gilfillan	Dr N Ross	
Dr E Hammond	Dr G Simpson	
Dr E Hartsilver	Dr J Simpson	
Dr P Harris	Dr M Spiro	
Dr K Haynes	Dr P Thomas	
Dr A Hellewell	Dr C Todd	
Dr L Helliwell	Dr M Jackson	
Dr E Howells (ICU/ Anaesthetics)		

In addition, there are eight doctors working as Associate Specialists, Staff Grades or Speciality doctors.

Dr S Baldwin	Dr M Ridgeway
Dr M Dash	Dr K Smith
Dr T Deen	Dr P Taylor
Dr M Hawkins	Dr L Piskac



There are currently approx. 40 anaesthesia/ICU trainees who rotate through the hospitals of the South West School of Anaesthesia (Exeter, Plymouth, Torbay, Taunton, Truro and Barnstaple).

#### On Call

The General Anaesthesia on call rota is 1:28 with split weekends and weekend resident day time shifts. Senior consultants are given the option to come off the on call rota when the opportunity arises and deliver the weekend and Bank Holiday trauma rota.

#### Pain Management

Within the Peninsula our Pain Management Team is the leading tertiary referral centre for Neuromodulation (spinal cord stimulators) South of Bristol and we are located in a stand alone unit with our own interventional suite, offering a wide variety of interventions under fluoroscopy and ultrasound.

The Pain Management team at the Royal Devon University Healthcare NHS Foundation Trust covers both acute and chronic pain. The consultant team have sessional commitment to acute and chronic Pain Management, both in-patient and out-patient.

This post will increase the department to 5 parttime pain management consultants with sessions in anaesthetics making up a full-time position.

There are 3.5 full time pain nurses who mainly cover the acute pain service and also provide nurse led outpatient clinics.

There is a Pain Management Rehabilitation Team which functions autonomously. It comprises a 2 physiotherapist, 3 psychologists and 2 occupational therapists. The team work closely with the consultants and provide clinical outpatient care in the form of individual clinics and various group pain management programmes.

The pain management team hold monthly MDT meetings and quarterly governance meetings

There is a good informal relationship with the palliative care team but no formal contracted sessions exist at present.

The Duty consultant has a sessional commitment with the spinal team in am MDT to discuss patients

Personnel involved in the Pain Management Team are:

Dr Kathryn Davies, Anaesthetic and Pain Medicine Consultant (Lead)

Dr Mark Jackson, Anaesthetic and Pain Medicine Consultant

Dr Graham Simpson, Anaesthetic and Pain Medicine Consultant

Dr Harriet Daykin, Anaesthetic and Pain Medicine Consultant Psychologist Team

Physiotherapist Team

Lucy Price, Acute Pain Matron

Jo Martin, Acute Pain Nurse

Vic Matthews, Acute Pain Nurse

Andreia Trindade, Acute Pain Nurse

Jennifer Bernthal, Acute Pain Nurse Emma Woods, Acute Pain Nurse

#### Intensive Care

The Clinical Lead for the Intensive Care Unit is Dr M Davidson, who is assisted by Dr R Appelboam, Dr C Day, Dr R Black, Dr C Gibson, Dr N Pathmanathan, Dr J Pittman, Dr E Howells, Dr T Clark and Dr L Badek. There are approximately 1000 admissions per annum (adult and paediatric). The present bed complement is 15 which includes a mixture of HDU and ICU beds depending on need. Oncall consultant cover of ICU is provided by these consultants.

#### **Teaching**

A formal teaching programme for the trainee staff is available and co-ordinated by Drs Cockcroft and Pauling, the College Tutors. Consultants and senior trainees are encouraged to take part. There are local and regional programmes for trainees preparing for the Primary examination. Senior trainees attend the South West School of Anaesthesia final FRCA course, which rotates through several hospitals in the peninsula. Access to all medical journals and publications is provided by the Exeter Health Library. There are weekly departmental meetings including a monthly audit meeting. The department provides computer facilities for the use of staff including a video projection system. Exeter is a popular site of the South West School rotation, and has a good success record with the FRCA exam and trainees moving on to senior training posts.

#### Secretarial Support

There are currently 6 secretary / administrators for Anaesthetics, ICU, Pain Clinic and Theatres. The Pain Clinic have their own admin team situated at the pain management department on the Heavitree Hospital site.

#### IT and library

We have a multipurpose meeting room which is also used for the library and for teaching. Internet and intranet access is available with communal desk space. Further office space is available on site in West Cottage. The Postgraduate Medical Library is incorporated with the University of Exeter Medical School on the RD&E site.

# 4. POSITION OF CONSULTANTS UNABLE FOR PERSONAL REASONS TO WORK FULL-TIME

Any Consultant who is unable for personal reasons to work full-time will be eligible to be considered for the post. The Trust is committed to flexible working arrangements including job-sharing. Such arrangements will be discussed with any shortlisted candidate on an individual basis.

#### 5.THE JOB ITSELF

**TITLE:** Consultant in Anaesthesia and Pain Management

#### **RELATIONSHIPS:**

The employer is the Royal Devon University Healthcare NHS Foundation Trust.

The post is based on a whole-time appointment.

#### **DUTIES OF THE POST**

#### Clinical Commitments

Consultants within the Department of Anaesthesia are committed to working flexibly to minimize disruptions to the theatre and pain management timetable.

Consultants within the Pain management department will be expected to interact with the pain management team and other teams in the form of MDT meetings, virtual clinics and staff education as well as running outpatient clinics, procedure lists and inpatient pain management problems.

Session content will only be changed with full agreement of the candidate. Candidates wishing to pursue specialist interests should discuss this with the Lead Clinician.

## University of Exeter Medical School

The Royal Devon University Healthcare NHS Foundation Trust is one of the NHS partners of the University of Exeter Medical School and the Department has responsibility for part of the clinical undergraduate teaching programme. Time for teaching and preparation is arranged by mutual agreement with the Lead Clinician within the Trust's annual job planning and appraisal process.

#### Research and Innovation

The appointee will be expected to participate in clinical research and service innovation. The Trust hosts the National Institute of Health Research Clinical Research Network and the appointee will be expected to identify suitable patients for clinical trials. There are opportunities for candidates to act as a Principal Investigator for NIHR clinical trials with the support from R&D as well as develop their own portfolio of research as a Chief Investigator with support from the Research Design Service.

All research undertaken must comply with Trust policy on Research & Development. Trust policy and guidelines are available on the Trust's Intranet site and specific compliance with the Research Governance Framework for Health and Social Care.

The successful candidate will be expected participate, and in some cases lead on, improvement and innovation activity. Where such activity creates potential new intellectual property, this must comply with Trust policy on Innovation and Intellectual Property.

#### Administration

The appointee will undertake administrative duties associated with the running of his/her clinical work.

#### Leadership and Management

The appointee will be responsible for the leadership of his/her team as appropriate within the specialty. Specific leadership responsibilities for areas of the service will be agreed on an individual basis and will be detailed in the postholder's job plan.

The appointee is expected to be responsible to the Lead Clinician for the effective and efficient use of resources under his/her control, to contribute to the planning and development of the service and to participate in departmental meetings.

#### **Professional Performance**

The appointee will have continuing responsibility for the proper function of the work.

It is a requirement that if the employee has concerns about the professional performance of a member of the medical staff, they have a duty to speak to the person concerned. If the matter is potentially serious, or satisfaction is not obtained with the direct approach, such concerns should be discussed with the Lead Clinician/Clinical Director, if satisfaction is again not obtained, concerns should be discussed with the Medical Director.

#### Infection Control

All medical and dental staff have a duty to practice safe medicine in relation to infection control and other issues. Appointees will therefore be expected to attend infection control learning opportunities once per year as a minimum, and also to comply with Trust Infection Control policies and guidelines.

#### Staff and office

The appointee will have office accommodation, secretarial support and access to a computer and the Internet.

#### Leave

Annual and study leave will be granted to the maximum extent allowable by the Medical & Dental Terms & Conditions, in accordance with the Trust's leave policy.

#### 6. TIMETABLE

These are provisional job plans, subject to change in light of the Trust's job planning policy. The final job plans are also subject to the approval of the Associate Medical Director/ Clinical Director and Clinical Services Manager.

Note this is an example: the days of the week for particular duties are subject to change

Day	Time	Location	Work	No. of PAs	Categorisation – Direct Care / Supporting	Annualised PAs
Monday	AM	RDE	Ward round		DCC	
		1 week in 4	In lieu of pain clinic			
Tuesday	AM		SPA	1.0	SPA	
	PM	Heavitree 1 week in 2	Pain Procedure list	0.625	DCC	
Wednesday	AM	Heavitree	Pain Clinic	1.25	DCC	
		Heavitree	Pain Clinic	1.25	DCC	
Thursday	AM	RDE	Orthopaedic Anaesthetic	1.25	DCC	
	PM	RDE	Orthopaedic Anaesthetic	1.25	DCC	
Friday	AM	RDE	Flexible Anaesthetic	1.25	DCC	
	PM	RDE	Ward round  Spinal MDT (1 in 4)		DCC / SPA	
		1 week in 4 in lieu of pain clinic				
Additional duties On call / weekend wo Pain Admin/MDT Flexible SPA	ork		1 PA 0.625 PA 0.5 PA		DCC DCC SPA	

Programmed activity	Number
Direct clinical care	8.5
Supporting professional activities	1.5
University of Exeter Medical School	0
TOTAL PROGRAMMED ACTIVITIES	10

The supporting professional activities (SPAs) allocation within the provisional job plan is an illustrative guide and will be finalised following individual agreement with successful candidate. A minimum of 1.5 SPAs will be provided within a full time contract, for a consultant's personal development. Further discussion on supporting professional activities will depend on the Trust's requirements and the individual's particular expertise.

A job plan review is planned for the whole department, and this post will undergo a job plan review in conjunction with this departmental review; this will take place within the first year of appointment.

#### On-call availability supplement

Current agreed on-call rota: 1 in 28

Agreed category: A On-call supplement: 3%



# 7. Main Conditions of Service

#### Salary Scale

£93,666 - £126,281 per annum pro rata.

#### **Annual Leave**

6 weeks + 2 days per year (+day off in lieu for each Public Holiday worked) rising to 6 weeks and 4 days after 7 years service pro rata. Five weeks of entitlement to be taken in full weeks.

#### Study leave

30 working days over period of three years.

#### Date of Vacancy

November 2023

#### Domicile

Consultants are expected to reside within a reasonable distance of Exeter, normally within 10 miles or 30 minutes. Exceptions to this rule will need to be discussed with the Medical Director.

# 8. ACADEMIC FACILITIES

## University of Exeter Medical School

The University of Exeter is one of the most successful universities of the 21st century. Research and education of the highest quality are at the heart of an inspiring community in which to learn, work and live. It has ambitious plans for the future, including a £275 million investment in facilities over the next five years. The University has recently accepted an invitation to join the prestigious Russell Group of leading research-led universities and was named the "Times University of the Year" in 2012/2013.

The University of Exeter Medical School (UEMS) is the newest College at the University of Exeter (http://www.exeter.ac.uk/medicine/). Formed from the disaggregation of Peninsula College of Medicine and Dentistry in 2012, it combines the best of the Peninsula Medical School and with the University of Exeter's outstanding global reputation for academic excellence and student experience. The Medical School's cutting-edge research is driven by important clinical questions. It focuses on translational and applied research in areas of greatest health burden and greatest opportunity for scientific advance, principally: diabetes, cardiovascular risk, and ageing; neurological disorders and mental health; environment and human health and health services research.

UEMS delivers two highly-regarded and innovative undergraduate degrees: the BSc in Medical Sciences and Bachelor of Medicine, Bachelor of Surgery (BMBS). In addition, the Medical School offers a range of postgraduate programmes and courses.

Years one and two of the BMBS programme are based at the St Luke's Campus in Exeter and lay the scientific foundations for the future years of the course. There is clinical contact from year one and students begin acquisition of a range of transferable skills, learning science within a clinical context.

Years three and four of the programme are based at the Royal Devon University Healthcare NHS Foundation Trust and at the Royal Cornwall Hospital in Truro and in their surrounding general practices and community health environments. In year five, students are involved in a series of apprenticeship attachments; to consultants and to Principal General Practitioners on a one-to-one basis throughout Devon and Cornwall in Barnstaple, Exeter, Torbay and Truro.

There is great scope for staff in NHS Partner Organisations to become involved in all aspects of the Peninsula Medical School curriculum for undergraduate education; for example, clinicians may be engaged with PMS as clinical teachers, clinical skills tutors, and academic tutors.

## National Health Service partnership

The National Health Service (NHS) has been closely involved in the development of medical education in the South West and is the major UK employer of healthcare professionals. Significant growth in the number of doctors and the development of medical education, both pre- and post-qualification, contributes to the essential modernisation required to deliver the government's NHS Plan.

The NHS in Devon and Cornwall has worked with the school to ensure that its services and facilities offer the right environment to support the way doctors, scientists, educators and researchers are trained.

## The Research and Development Support Unit (RDSU)

The Trust holds a contract from the Department of Health to host a Peninsula wide Research and Development Support Unit to facilitate NHS R&D in the implementation of Evidence Based Practice in the research community. This Peninsula Unit, which was formed from three highly successful units, involves networks throughout the Peninsula embracing both Primary Care Secondary Care and supports all professional groups.

# 9. RESEARCH GOVERNANCE

All research undertaken must comply with Trust policy on Research & Development. Trust policy and guidelines are available on the Trust's Intranet site and specific compliance with the Research Governance Framework for Health and Social Care.

#### 10. CANVASSING

Candidates are asked to note that canvassing of any member of the Advisory Appointments Committee will disqualify {see Statutory Instrument 1982 No. 276 paragraph 8(1)(b)}. This should not deter candidates from seeking further information relevant to the post from those members of the Trust detailed below and, further, this should not deter candidates from making informal visits to the Trust which are encouraged.

# 11. ACCESS TO CHILDREN AND VULNERABLE ADULTS

The person appointed to this post may have substantial access to children and to vulnerable adults. Applicants are, therefore, advised that in the event that your appointment is recommended and in line with Trust policy, you will be asked to undertake an Enhanced disclosure check with the DBS prior to commencement of employment. Refusal to do so could prevent further consideration of the application. Attention is drawn to the provisions of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975 as amended by the Rehabilitation of Offenders Act 1974 (Exceptions)(Amendment) Order 1986, which allow convictions that are spent to be disclosed for this purpose by the police and to be taken into account in deciding whether to engage an applicant.

# 12. REHABILITATION OF OFFENDERS

This post is not protected by the Rehabilitation of Offenders Act, 1974. You must disclose all information about all convictions (if any) in a Court of Law, no matter when they occurred. This information will be treated in the strictest confidence.

# 13. DATA PROTECTION ACT 1998

Candidates are informed that the information given by them in application for the post will be used only for the recruitment and selection process. For successful candidates this will then form part of their personal file, and for unsuccessful candidates the information will be destroyed. The information is stored both in hard copy form and minimally on a database. This information is held and administered in line with the Data Protection Act and the Trust's confidentiality procedure.



The Royal Devon University Healthcare NHS Foundation Trust is committed to recruiting and supporting a diverse workforce and so we welcome applications from all sections of the community, regardless of age, disability, gender, race, religion and belief or sexual orientation.

The Trust is one of 39 NHS Trusts recognised as a diversity and inclusion partner by NHS Employers for 2019/20. This will provide the opportunity to develop and continuously improve the Trust's equality and diversity performance as well as giving the opportunity to influence national policy direction.

The Trust expects all staff to behave in a way which recognises and respects this diversity, in line with the appropriate standards. The Trust is committed to fair and equitable recruitment processes for all applicants and will make any reasonable adjustments you require to our selection process.

Please contact the Medical Staffing Team to let us know what reasonable adjustments you require.

#### **Further information**

The Trust welcomes informal enquiries; the relevant people to speak to are as follows:

#### **Chief Executive:**

Paul Roberts

Chief Executive

Royal Devon University Healthcare NHS

**Foundation Trust** 

Barrack Road

Exeter EX2 5DW

Tel 01392 402357

#### **Medical Director:**

Dr Anthony Hemsley

**Medical Director** 

Royal Devon University Healthcare NHS

**Foundation Trust** 

Barrack Road

Exeter EX2 5DW

Tel: 01392 402357

#### **Associate Medical Director:**

Dr Patrick Gillespie

Royal Devon University Healthcare NHS

**Foundation Trust** 

Barrack Road

Exeter EX2 5DW

Tel: 01392 402474

#### **Director Critical Care:**

Dr Fiona Martin

Clinical Director Critical Care

Royal Devon University Healthcare NHS

**Foundation Trust** 

Barrack Road

Exeter EX2 5DW

Tel: 01392 402474

#### **Lead Clinician:**

Dr Philipps Dix

Lead Clinician in Anaesthetics

Royal Devon University Healthcare NHS

**Foundation Trust** 

Barrack Road

Exeter EX2 5DW

Tel: 01392 402474

#### **Lead Clinician:**

Dr Kathryn Davies

Lead Clinician in Pain Management

Royal Devon University Healthcare NHS

**Foundation Trust** 

Barrack Road

Exeter EX2 5DW

Tel: 01392 405015

#### **Directorate Manager:**

Nicola Du'Gay

Divisional Director – Surgical Services

Royal Devon University Healthcare NHS

**Foundation Trust** 

Barrack Road

Exeter EX2 5DW

Tel: 01392 403538





Devon offers a quality of life few other English counties can match. Where else will you find such a unique landscape that encompasses over 450 miles of dramatic coastline, rugged moorland and gently winding rivers?

Living in

Interspersed with vibrant market towns, chocolate-box villages and sleepy hamlets, it is easy to see why we are consistently voted as one of the top places to live in the country.

Devon's outdoor lifestyle is its biggest draw. This natural playground is unsurpassed with over a third of the county designated as Areas of Outstanding Natural Beauty. You'll have over 5,000 km of footpaths and 250 km of off-road cycle paths to explore, not to mention endless opportunities to surf along the vast stretch of Atlantic coastline or paddleboard across tidal estuaries.

Your taste buds will find plenty to savour here too - Devon is rightly proud of the farmers and producers who make the South West one of the best regions in the UK to enjoy locally produced food and drink.

Whether you fancy surfing or fishing, cycling or climbing, fine dining or hearty pub fare, the county really does have it all. Never let it be said, it's all work and no play. Not here in Devon.

#### Vibrant cities and friendly market towns

A thriving, forward-looking city, Exeter is home to the world-leading Met Office, boasts the UK's first leisure centre built to ultra-energy-efficient Passivhaus standard and has one of the top 20 universities in the country.

At the very heart of the city is Exeter Cathedral, an architectural gem surrounded by cobbled streets and beautiful old buildings, many of them shops and eateries. In the compact city centre, you can stroll alongside parts of the ancient Roman wall, visit the remains of Rougemont Castle or explore the depths of Exeter's historic Underground Passages. Exeter Phoenix Arts Centre and the Royal Albert Memorial Museum (RAMM), add to the cultural mix, plus you'll have performance venues such as the Northcott Theatre, the Barnfield Theatre and Corn Exchange close to the city centre.

The main shopping area provides a wide range of leading High Street brands alongside an eclectic mix of independent shops, many to be found in the narrow thoroughfares off Cathedral Close and the High Street. Nearby Fore Street is a haven for all things vintage and retro. Exeter also has a historic quayside, a great spot to sit and watch the world go by at one of the many cafes and restaurants with al fresco dining.

#### Friendly market towns

You'll find an array of historic towns across North Devon and Torridge such as Okehampton, famed for its easy access to stunning Dartmoor. Heading towards North Devon, you'll also have delights such as the charming harbour town of Ilfracombe and the riverside port of Bideford.

#### Great for families

Outstanding Ofsted-rated primary schools, high-ranking secondaries and proximity to two leading universities are some of the biggest draws to Devon, making this a desired destination for families. Whether you have young children or teenagers in tow, the sheer quality of education and extracurricular activities available are guaranteed to impress.

#### Living and travelling

Housing wise, housing stock is diverse, with everything from thatched moorland cottages to Georgian townhouses and contemporary builds. Time and distance are different here, too. Many residents in this – the fourth largest county in the UK – are happy to travel up to an hour or more for work. This means there's a great deal of choice when it comes to finding somewhere to live.

Transport links are also good. The county has more than 8,000 miles of road – the largest road network anywhere in the country, although (it has to be said) many are narrow Devon lanes.

From Exeter's main station, Exeter St David's, there are fast and frequent rail services to Bristol (1 hour), London (around 2 hours to Paddington) and Birmingham (under 3 hours to Birmingham New Street). Exeter itself has an impressive rail network with no fewer than nine stations serving different parts of the city. There are a number of branch lines providing services to Mid and North Devon, Dartmoor and the Exe Estuary. Exeter International Airport provides flights to numerous destinations throughout the UK, Europe and even North America.

#### Support with relocation

Our Medical Staffing Team will help you get settled, providing financial relocation support, help with somewhere to live, registration for children at one of the excellent local schools and support for partners seeking employment.

More information about the area and help with relocating can be found at royaldevon.nhs.uk/join-us





# Health and Wellbeing

At the Royal Devon, staff's health and wellbeing is hugely important to us. We are passionate about creating a happy and healthy work environment for our staff, and we have a range of benefits available to support staff's health and wellbeing.

We want to support staff to improve their physical and emotional wellbeing and help them to lead a healthy lifestyle. In order to be able to care for others, it's important that staff take the time to care for themselves.

The Trust has a Health and Wellbeing Improvement Practitioner, whose role is dedicated to improving the health and wellbeing of staff across the Trust. The Practitioner is also supported by a Health and Wellbeing group which includes a number of clinical and non-clinical members from across the Trust.

We also have trained a number of Health and Wellbeing Champions and Mental Health champions across the Trust to support in creating a positive and healthy working environment for all.

We have a range of benefits available to support staff's health and wellbeing, including:

#### Staff Physiotherapy Service

All staff can self-refer to our dedicated staff Physiotherapy service to get early help with any musculoskeletal problems.

## Staff Support and Counselling Service

All staff can access dedicated face-to-face and telephone counselling support for work and personal problems.

## Employee Assistance Programme

We have a 24/7 service available which provides emotional support and advice to staff. This service also provides support with a range of personal problems such as financial, legal or tax advice.

#### Wellbeing Activities

We have a range of activities on offer for staff to access including meditation sessions, mindfulness courses, sleep coaching courses, staff away days and health checks.

### Onsite fitness activities

We run a variety of fitness classes onsite, including Yoga, Pilates, Qi gong, Circuits and running groups.

#### Smoking Cessation Support

Staff can access up to 6 face-to-face sessions of support from a dedicated Stop Smoking Advisor.

#### Staff Lottery

Staff can sign up to our Staff Lottery and win first prize of up to £2500 in the monthly draw.

#### Cycle to Work Scheme

Through Cyclescheme, staff can obtain a Bike and accessories up to a maximum cost of £1,000 through a salary sacrifice scheme. Staff also benefit from a saving to the overall cost attained through reduced income tax, national insurance and pension deductions.

# We're here if you need us!

For more information, please contact us: rduh.medicalhr@nhs.net (Eastern services)





#### **Privacy Notice**

During the course of this recruitment process, the Trust will be collecting your data and processing it in accordance with relevant Data Protection Legislation. Please see our website for more information with regards to the Trust's Privacy Notice (Royal Devon website – Information Governance page).

This Privacy Notice is designed to provide you with further information on how we will be using your data for this purpose and to comply with the relevant legislation.

